



# Dewey Beach Patrol 2020 TRYOUTS



The Dewey Beach Patrol will be holding tryouts for lifeguard and EMT positions during the month of March and April. The Tryouts will be held at the Lifesaving Station located on Dagworthy Street and the beach in Dewey Beach.



## Testing will include:

1 mile beach run,  
200m sand sprint & 500m swim  
Rescue simulations  
(*buoy charges*)  
Strength testing  
(*push-ups and cross-chest*)

## Tryout Dates:

March 22, 2020  
March 29, 2020  
April 5, 2020  
Tryouts begin at  
11:30 AM SHARP



Interested parties should visit our website to complete and submit an application. Website: [www.deweybeachpatrol.com](http://www.deweybeachpatrol.com) or write to: Todd Fritchman DBP Captain, 105 Rodney Avenue, Dewey Beach, DE 19971.

## Be Part of Team D.B.P.

Committed to Ocean Safety, maintain a high degree of fitness, meet lifelong friends, acquire Open Water Rescue Certification, acquire Emergency Medical Service Certification, compete in lifeguard competitions and have a lot of FUN!!!

[www.townofdeweybeach.com](http://www.townofdeweybeach.com)

CLICK ON "DEWEY BEACH PATROL"