

# NOISES FROM THE CENTER

Vol. 2, No 1

What's happenin' at the Senior Center

January 2014

Article by:

Charlie Farrow

## New Year's Resolutions, Hopes, Wishes, Dreams



Sophie Blaschik wants a successful hip replacement on January 9<sup>th</sup> at Middlesex and two weeks of rehab at Chestelm.

Sally Hungerford asks for good health for "my family and me."

Alice Guertin will "lose 20 pounds using the exercise equipment at the Senior Center."

Jean Burdette sees "better health care and senior life for the whole country."

Vincent Conte said, "I'm not giving up my bad habits because I like them."

From John Giaconia. "I'm 91, so I want to live another year and be able to continue my life as I enjoy it."

Mary Murphy resolved to write more to her aunts, uncles and grandchildren.

Joe Courtney wants to cut the unemployment rate in half, to 3.5% by Thanksgiving, 2014.

Tim Moore will work at being retired. "I'm having too much fun being self-employed."

Diana Moore wants "to entertain our grandchildren, take them out in the snow, being from Australia they haven't seen any."

Judy Nimro would like the East Haddam Senior Center lunch program to fill the room. "If we don't use things, there is always the chance the Federal government will take them away."

Dottie Simone said, "The world should settle down and provide peace and happiness for everyone."

George Drenga wants to be healthy, survive, and win Lotto.

**Senior Center, 15 Great Hillwood Road  
P.O. Box 623, Moodus, CT 06469**

Susannah Griffin's wish is "to keep my dad, now 93, around til he's 104, which is how old his mother was when she died."

Loresa Juliuz seeks good health for her grandsons and some weight loss for her own sons.

Denise Dill wants a good farm year.

Kristine Rathbun "never makes resolutions because I never follow them."

Gary Jacome wants the assistant to do all the work at the package store.

Joshua Navin is going to finish the final year of his mechanical engineering degree at Central.

Tracy Cooley will lose 22 pounds.

Elaine Gagliardi is tired of creative accounting. "I like working, but I don't like worrying about money."

Danny Barry will stop smoking, cold turkey.

Pam Arabas wants her children, Kevin and Kristina, to be happy, successful, and be able to find some peace after the loss of their dad.

Ron Savitski said, "People need to be kinder to each other at the intersection of Wm. F. Palmer, North Moodus, and 149."

Cleora Scott said, "Simplify. Simplify. Simplify."

Deanna Nason resolves to spend more time with her family and children—Jordan, Jasmine, Kayla, and Tanner.

Bruce Dutch wants good health for

all.

Shea Jezek needs to say "No" to people who ask her to keep teaching, even though she's retired.

Maryjane Malavasi hopes her children prosper, do well, and are happy in their jobs.

Donna Swan wishes her family lived closer than South Carolina.

Ernie Malavasi said, "I'd like to keep my job for another year."

Cindy Deming hopes for a cleaner house and better-groomed dogs.

Dylan and Angel Mackinnon want to integrate the lessons in patience and understanding they've learned as first-year parents into this year.

Mary Everett wants to lose 30 pounds by exercising with others at Banner.

Dot Woel needs some good ideas for community fundraising.

Marcy Masci hopes her granddaughter Carolyn, 12, wins at the international cheerleading competition at Florida Disney.

Elli Muckenhirn's wish is that daughter Nicole gets a world bid in dance.

Sue Merrow will stop mindless eating while driving.

Jessica Broderick wants to relax more.

Emil Tillonn will visit the Mojave Desert.

Evelyn Harris said, "I want Ray of Light Farm to continue and for all animals to be in happy homes."

Bonnie Buongiorne hopes for a strong, healthy East Haddam community.

Joel Ide recommends world peace, one person at a time.

Peggy Kennedy doesn't want things to change. "Life is good right now."



Because of the busy holiday schedule we will combine the December and January birthday celebration and movie and it will be held on **Monday, January 27<sup>th</sup>** at 1:00

The MOVIE will be "Zorro, the Gay Blade". Starring George Hamilton, Lauren Hutton.

Plot: Zorro's twin brother takes over when Zorro is injured.

**January 2014**

1/5 Delores Newman

1/7 Elaine Woods

1/11 Loretta O'mara

1/13 Wilson Brownell

1/15 Ellen Park  
Margarete Martin

1/16 Alice Sabo

1/17 Julie Peterson  
Julie Pionkowski

1/19 Robert Bostelman, Jr.

1/20 Sharon Fritz  
Marianne Heinrich

1/22 Howard Borgnine

1/23 Lauren Olszanski  
Vivian Horton

1/27 Beatrice Balvin

1/29 Eva Davis  
Robert Sheedy  
Ruth Latronica

**Take The Bus  
To Lunch**

Beginning on Thursday, January 9<sup>th</sup> the Center will offer bus transportation to lunch at the Senior Center on Thursdays. Anyone interested in taking advantage of this service will need to make a reservation by calling the center no later than 12:00 noon the day before.

This will be done weekly on a trial basis and will continue if there is enough interest.

**Need a  
Ride?  
Hop on  
the bus!**



**The bus is now going shopping on TUESDAY. Call for reservations by noon Monday.**

The Senior Center sponsors a bus to Mohegan Sun Casino on the first Wednesday of each month.

The bus leaves the center at 8:30 and returns about 3<sup>pm</sup>. Cost is \$5. Sign up sheet on the trip board at the Center.

**Bus schedule:**

1<sup>st</sup> Tues; Shop-Rite, Glastonbury  
East Haddam Food Bank

1<sup>st</sup> Wednesday; Casino  
2<sup>nd</sup> Tues; Stop & Shop, Walmart,  
Ocean State Job Lot, Saybrook

3<sup>rd</sup> Tues; Shop-Rite, Glastonbury,  
East Haddam Food Bank

3<sup>rd</sup> Wed; Red Hat's excursion  
4<sup>th</sup> Wed; Cromwell, Walmart, Xpect

The fee schedule will be \$3. for shopping, \$5 for recreational trips.

The medical car fee will remain at \$5. for the present time.



**DOOR PRIZE**

We are now having a monthly DOOR PRIZE at the Senior Center. You sign in everytime you come to the center and at the end of the month one name will be drawn out of a basket and will win a prize.

The winner of the **November door prize was Judy Metcalf**. This month's prize was a hand - made afghan, made by Sophie Blaschik.

**Senior Services Coordinator:  
Brad Parker**

Clerical/Assitant: Susannah Griffin

Café Manager: Peg Ziobron

Program Coordinator:  
Alice Sabo

Trip Coordinator: Alice Sabo

Bus Driver: Ed Gubbins

Medical Car Driver:  
Mickey Pear

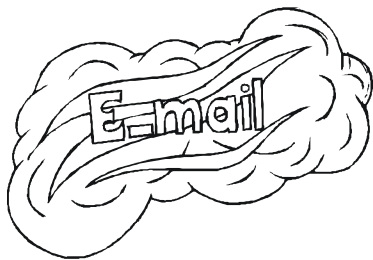
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**Center Hours**

**8 am - 3 pm weekdays**



We will be glad to email the newsletter to anyone. People who would like an email version of the "NOISES FROM THE CENTER" can email us at [seniors@easthaddam.org](mailto:seniors@easthaddam.org) and you will receive the newsletter via email each month.

## Bingo



**Bingo** will be held this month on **Thursday January 16<sup>th</sup>**.

You can sign up for lunch and bingo for \$5.00 or just bingo for \$3.00. Please sign up in advance.



## Senior Day Trip

The Senior Center will sponsor a bus trip to the UCONN Women's basketball game at Rutgers University on

**Sunday January 19<sup>th</sup>**. We will have reserved seating for the game which starts at 3 pm. The bus will leave from the Senior Center at 10:30 am.

The cost of the trip is \$78.00 per person & includes the bus ride & a ticket to the game. Reservations must be made & payment received before December 30<sup>th</sup> with checks payable to the East Haddam Senior Club.

Seats are limited & will be given on a first come first served basis. Anyone with questions may call the Senior Center.



## Souper Bowl – Volunteers Needed

Our annual *Souper Bowl*, one of our special events that focuses on food and a wonderful side dish called friendship, will take place **Friday, January 31<sup>st</sup>** at 12 noon.

For \$5, lunch will also include bread, dessert, and coffee.

Take – outs will be available. Please call or come on in to sign up to volunteer to contribute a homemade soup, chowder, or chili and/or to sign up for the luncheon.



## Many, Many Thanks...

The Senior Center continues to be a busy, happy place because of all the volunteers who support our events. This month, we would like to thank those who made our Christmas Luncheon a festive success. The food was exceptional; nary a crumb remained! The East Haddam Middle School Chorus not only sang but danced their way into our hearts.

The "Craft, Tag, & Bake Sale" was once again a huge success, thanks to all who donated their time, their "once-upon-a-time-treasures", and their baking, cooking, and crafting talents.

The tag sale items filled the meeting room. The baked goods flew out the door. Well, actually, many were eaten on the premises! The \$5 lunch – chili, bread, and coffee – kept the crowd energized to shop. The vendors who rented tables provided the shoppers with holiday gifts for those on their "nice lists". Thanks also go out to those who contributed a prize as well as purchased tickets to participate in the Tea Cup Drawing. Congratulations to all the winners!

# POTLUCK SUPPER

The Senior Center will hold a ' POT – LUCK DINNER ' **on Monday Jan. 27<sup>th</sup> at 6:00.**

The menu will be as varied as the items that are brought in to share. The center will provide coffee .

People are asked to sign up at the center. After the dinner John Pagnani will speak about ' stress and aging ' and there will be time for questions at the end.



The Senior Center will host a blood mobile on **Thursday, Jan. 30<sup>th</sup>** in conjunction with the American Red Cross from 1:30 to 6:30 .

Anyone interested in either donating blood or volunteering to help at the event should call the senior center - 860 873-5034.



## Time to think TAXES...

We know it is still winter, but April 15<sup>th</sup> will sneak up on us! The Senior Center will once again provide state trained tax consultants to assist with both Federal and State tax forms. Please call the Center to sign up for your private consultation.

## East Haddam to Offer Public Transit Service with 9 Town Transit

East Haddam residents will soon have greater mobility with new access to a regional transit system. Beginning Jan 15<sup>th</sup>, the town of East Haddam will begin a contract with 9 Town Transit to provide general public Dial-A-Ride service throughout the town.

9 Town Transit, operated by the Estuary Transit District, currently provides Dial-A-Ride service throughout Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Lyme, Old Saybrook, & Westbrook. Any location within East Haddam & Moodus will now also be included in the new expanded service area.

9 Town Transit will also offer East Haddam residents service to parts of Westchester & Colchester, CT, including Stop & Shop supermarket. In addition, East Haddam residents may travel to the Middletown Stop & Shop supermarket, Middlesex Hospital, Middlesex Community College & the Saybrook Road area medical offices.

To reserve a trip, customers will call 9 Town Transit at up to two weeks but no less than one day in advance. The fare will be \$3 each way, with seniors age 60 & over eligible to ride at a suggested donation of \$1.50. The hours of service are 6 AM until 6 PM Mon through Fri. The service is open to the general public with no age restrictions. All vehicles are fully accessible with wheelchair lifts & service is available for any trip purpose.

When calling, be ready to provide the address of where you are going along with the date & time of the trip & return trip. If going to work or an appointment, be sure to tell the reservation agent. The agent will give you a half hour pick-up window in which the bus will arrive. Be ready to board the bus at any time during that window.

Although there is no limit to the purpose of the trip, people going to work, school or other regular appointments may set up a subscription. Once booked, a subscription will repeat regularly unless canceled so there is no need to keep calling to book your trip.

Additional information, route maps & schedules are available online at [www.9towntransit.com](http://www.9towntransit.com) or by calling 9 Town Transit at 860-554-0551.

Senior Center  
15 Great Hillwood Rd  
P.O. Box 623  
Moodus, CT 06469

**The Center will be closed on**



**Also on**



**Monday, Jan. 20**

## Senior Center Inclement Weather Policy



Winter is here, and with it, that winter weather that often times wreaks a little havoc. A reminder: **When the Town Offices are closed due to inclement weather, the Senior Center is closed.**