

# NOISES FROM THE CENTER

Vol. 4, No 6 What's happenin' at the Senior Center

June 2015

Article by

Brad Parker

## Summer is Here

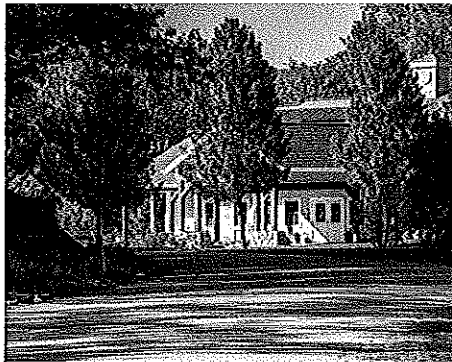
We just celebrated Memorial Day and what a nice parade we had. It was really special to see Joe Pear at the front of the parade as the Grand Marshall. He has been such a big part of the history of our town.

Now we have before us what we have waited all winter for – “summer”. Some people, instead of complaining about how cold it is, will now be able to complain about how hot and muggy it is. But, for me, summer is the time of year that our town comes alive. It is fun to think back to what summer was like in the town when I was growing up. I still love hotdogs and potato salad as I remember family picnics.

Summer in town was different. The population used to double because of the resorts. Most kids had some connection to at least one of the resorts; my first was when I was 10 or 11 years old. My aunt and cousin worked at Orchard Mansion as chambermaids. I used to work with them, carry around the laundry and supplies. I quickly made friends with Max, the pastry chef. I still remember hiding the money I made in my sock drawer.

When I was a little older, I remember working for Charlie Wolf, Sr. when he would bring in the hay. That is when I learned I was very allergic to hay. I could not sleep for a few days but I enjoyed the money I made!

I also remember how my cousin Art and I used to swim at Klar Crest. I even took swim lessons there. I should thank Dave Klar now for his generosity.



Then, as I got older, I remember being asked to go to some of the resorts to play basketball or softball against a guest.

I also used to have some great times at Bailey's Beach. I would ride my bike from home and spend the day at the beach a couple of times a week. One day, I tried to take a short cut and ride my bike up Bogel Road which was a rough, dirt road at the time. There was all woods and no houses at all. This was when I learned that I could not ride a bike faster than a deer fly can go. That day, I was chewed alive by the time I reached Smith Road.

One thing that has not changed is how much people like to go to the summer fairs. I still like the small town fairs the best. One thing that we used to like to do during the summer that we cannot do now was to go to the drive-in theater. It is too bad that drive-ins have become a thing of the past.

We are lucky to live in our area where there is so much summer activity.

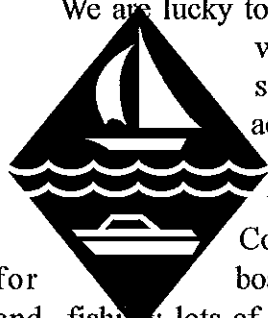
We have three lakes and the Connecticut River for boating, swimming, and fishing; lots of trails for hiking; and many sports activities available to us. There are events that help make us a stronger community.


East Haddam  
Senior Center  
15 Great Hillwood Road  
Moodus, CT 06469  
860 873-5034



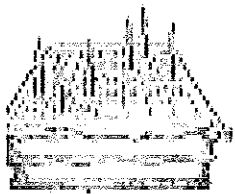
We can boast that East Haddam has the best outdoor summer concert series in the area. What a great experience it is to spend our Monday evenings along the river. Our town has so much to offer; we all should try to enjoy it this summer.

Sometimes, we just don't pay attention to the things that are so close. You can picnic or hike at Gillette Castle and Devil's Hopyard, take in a show at the Goodspeed, or take a tour of the East Haddam Historical Society & Museum. Other popular events are the Lions' Auction, the Farmers' Market, and the town-wide tag sale at Heritage Park. Let's try to remember to enjoy what we have right here and support our local community and businesses. Not many towns can claim to have as many picture-perfect places as East Haddam. This is still “small town USA” and it doesn't get any better than this.



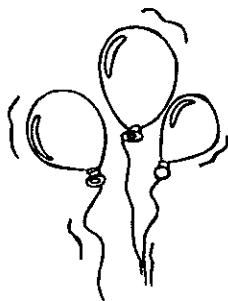
  
**SUMMER**

HAPPY  
BIRTHDAY



## June Birthdays

- 1 Bob Landry
- 2 Bob Cumming  
Bernadette Lynn
- 4 Lucille Gardner
- 6 Linda Brogan
- 8 Leona Gowac
- 12 Martha McCormick  
Sandra Parmenter
- 16 Jim O'Brien  
Pat O'Brien
- 20 Eunice Murphy  
LeRoy Heinrich  
Ted Lambert
- 25 Karen Martin
- 26 Geraldine DeLopez
- 27 Joseph Pear



Age is a relative term. All my relatives keep reminding me how old I am.  
—Melanie White

Age is something that doesn't matter, unless you are cheese.  
—Anonymous

## Coffee and Conversation

Two representatives from Vitas (Hospice Care) will be at the Senior Center to discuss "How to care for your loved one at home." **Monday, June 15, 1:00 pm.** Please sign up; refreshments will be served. Topics to be discussed: Defining Palliative and Hospice/Comfort care; What is Hospice? Who is eligible? Who pays for this? Why would you want a hospice/comfort team at this time of your life? How do you safeguard that your wishes will be honored? Presenters: Nina Karlson, Nurse Admissions Liaison: Nurse since 1992. Experience includes emergency medicine and organ transplantation. Nina educates healthcare professionals and the community regarding eldercare and comfort care. Sean Emond, Vitas Veterans Liaison: Enlisted in the US Army after September 11<sup>th</sup>; deployed twice to Iraq. Member VFW, American Legion, AMVETS, Wounded Warriors, and AUSA. Member *State of CT Veterans' Council* - advocates for increasing services for veterans. Assists veterans with accessing military benefits.

## Shopping Schedule



Fee: \$3.00.

If desired, the bus will stop at the East Haddam Food Bank.

**Tuesday, June 9:**

Cromwell: Walmart,  
Xpect, Aldi

**Tuesday, June 23:**

Waterford: Walmart,  
ShopRite, and more!

## Renter's Rebate

The State of Connecticut participates in a program entitled *Elderly and Totally Disabled Tax Relief Program* for renters. Call the East Haddam Assessor's Office at 860-873-5026 to inquire about the age, residency, and income requirements as well as proof of disability (when applicable). Application period is April 1, 2015 through October 1, 2015 regarding fiscal year 2014. Renters must fill out an application every year.

## wish list

Our lending library is steadily expanding. If you have a bookcase which you no longer need and would like to donate it to the Center, please call Brad. If it fits our need, we will be happy indeed ... thank you!

### Senior Services Coordinator: Brad Parker

Assistant: Susannah Griffin

Café Manager: Peg Ziobron

Program/ Trip Coordinator :  
Alice Sabo

Bus Drivers:  
Ed Gubbins & Darlene Dunbar

Med Car Driver: Mickey Pear

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Fran Koslawski

**Telephone; 860 873-5034**

Fax; 860 873-5198

Kitchen; 860 873-5197

Email; Seniors@easthaddam.org

### Center Hours

**8 am - 3 pm weekdays**

## Road Trips Near & Far

### Ivoryton Playhouse: Calendar

*Girls*: funny and sentimental story about the ladies who pose *au natural* for a fundraising calendar. Guaranteed to make you laugh and cry! **Thursday, June 17, 2:00 pm.** \$32.00 per person (senior group rate). Bus (\$5.00) departs Senior Center at 1:00 pm. Sign up & pay \$32 by Thursday, June 4.

Elizabeth Park, Hartford: Tip toe through the gardens; lunch at *The Pond Cafe*. **Thursday, June 25.** Gardens: Free Admission. Lunch "dutch". Bus (\$5.00) departs Senior Center 9:45 am. Walk as little or as much as desired. Sign up & pay \$10 by June 17.

Thimble Islands, CT: Wednesday, July 8. \$10.00. Double decker boat with shade. 50 minute ride. Bus (\$5.00) departs Senior Center 10:15 am. Lunch is "dutch" at *Lenny & Joe's Fish Tail* in Westbrook. Sign up & pay \$10 by June 26.

Ivoryton Playhouse: Memphis: This is a new musical, about the places where rock & roll was born in the 1950s. A very musically electrifying production. **Wednesday, August 12, 2:00 pm.** \$32.00 per person (senior group rate). Bus (\$5.00) departs Senior Center at 1:00 pm. Sign up & pay \$32 by Thursday, July 30.

Newport Playhouse & Cabaret Restaurant, Rhode Island: Play, Cabaret & Lobster Buffet. **Monday, August 31.** \$52.95 per person. Bus (\$5.00) departs Senior Center 9:15 am. *Flamingo Court* is a comedy about the residents of an apartment complex: gentleman battling greedy daughter at the same time he gets involved with another resident, an aging hooker. Sign up & pay \$52.95 by August 3.

## Birding, Anyone?



We are starting a Birding Club in the fall. If you would like to join us, call us. Spend time with Mother Nature, hiking along the beautiful trails that are all over our beautiful town, looking for and identifying our feathered friends. Our expert volunteers will show us the way!

## Thank You for

the May donations – the pantry is stocked full of coffee and the gardens are beautifully "flowered"!

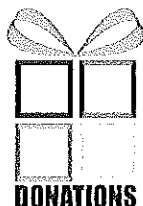
So, come on down for a cup of coffee and enjoy the flowers!



The winner for April was Pat O'Brien. \$10.00 Gift Certificate to *The Gristmill Market*.

## Donations for May

Anonymous: potting soil  
Diane Beggs: coffee  
Peg Blake: cards, cash donation  
Pat Davis: tomato plants  
Darlene Dunbar: potting soil  
Marge/Bud Gaudio: paper, soil  
John Giaconia: cash donation



DONATIONS

Maureen Gillis: scotch tape  
Ceil Golub: candy  
Katherine Hunt: copy paper  
Lucille Landry: coffee  
Jim/Marie McAllister: paper  
Ken McCall: coffee, napkins  
Alberta/Rob Mirer: soil  
Pat/Jim O'Brien: coffee  
Carol/Richard Parker: soil  
Louise Pear: coffee  
Alice Sabo: supplies  
Elaine Schmittenger: paper  
Helen Soja: soil  
Lori Soltis: puzzles, yarn  
Rina Stevens: coffee  
Carol Thody: knit/quilt supplies  
Jane Zirlis: knit/quilt supplies  
Alice Sabo: napkins, flowers, table cloths  
Carol Schweizer: cash donation  
Helen Soja: yarn  
Elizabeth Walter: coffee  
Elaine Woods: candy, coffee  
Staehly Farms: flowers  
**Jansky Rubbish: since 1973!**

Blood Pressure Ck: Tues, June 2

Casino: Wed, June 3

Shopping: Tues, June 9

Executive Mtg: Thurs, June 11

Club Meeting: Mon, June 15

Vitas Discussion: Mon, June 15

Ogunquit, Maine Trip: June 15-17

Ivoryton Playhouse: Wed, June 17

BINGO: Thurs, June 18

Pot Luck Dinner: Mon, June 22

Shopping: Tues, June 23

Red Hats: Wed, June 24

Massage: Wed, June 24

Elizabeth Park Trip: Thurs, June 25

Birthday & Movie: Mon, June 29

Thimble Islands: Wed, July 8

Tag Sale: Sat, August 8

Ivoryton Play: Wed, Aug. 12

Lions BBQ: Sun, Aug. 30

Newport Playhouse: Mon, Aug. 31



## We Are Reaching Out.....

The Senior Center is starting an outreach program led by Darlene Dunbar. Many of you know Darlene because she is one of our bus drivers. For those of you who don't know her, she is a resident of East Haddam, retired, with nothing to do! Kidding. She keeps pretty busy volunteering around town and with AARP. Volunteers may call or drop by for a visit.

The goal of this outreach program is two-fold.

- One, to provide information to seniors about the services available through the Senior Center, such as transportation (medical appointments, stores, food bank), assistance with state and local programs (home heating costs, tax preparation, insurance, renter's rebate, etc.), and the equally important social activities that take place year round.

- The second goal is to increase participation and involvement in our programs. For more information, call the Senior Center 860 873-5034.

## Art Exhibit

Our very own Nancy Schroeder, a Senior Center regular, is exhibiting her art work at the Essex Meadows Art Gallery, which is located at Essex Meadows, a Lifecare Retirement Community, located not too far from Oliver's Tavern. 30 Bokum Road. **Until June 21; 8 am to 7:30 pm daily.** **Free Admission.** Open to all. Visitors should just stop by the front desk for directions to the gallery.

## Farmers' Market Voucher

A representative with Senior Resources will be at the Senior Center to pass out vouchers that can be used at many of the local farmers' markets, including the Farmers' Market in town. These vouchers are worth \$18. & can only to be used to "purchase" fruits, vegetables, honey & herbs. One booklet per person (not household). Income limits & other details will be announced next month. Please sign up in advance. **Monday, July 13, 10:00 am.**

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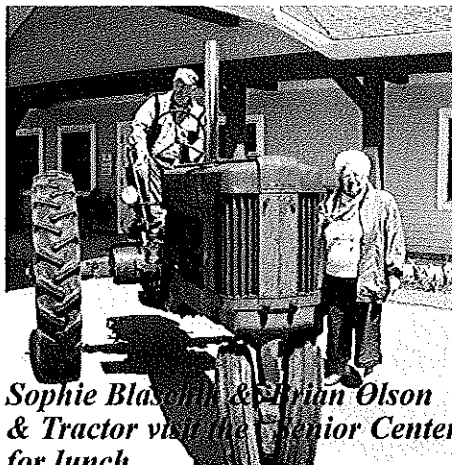


## Tag Sale

The Senior Center will be hosting a town wide tag sale.

**VENDORS ARE NEEDED!** Space will be available for \$10.00 - tables will not be provided. Contact the Senior Center for information: 873-5034. The usual summer menu fare will be offered for purchase.

**Heritage Park, Saturday,  
Aug. 8<sup>th</sup>, 8 am - 2 pm.**



*Sophie Blason & Brian Olson  
& Tractor visit the Senior Center  
for lunch.*

## Farmers' Market



Ballek's Field is the location for the E H Farmers' Market, 90 Maple Avenue. **Every Wed., June 3 - Sept. 30, 4-7 pm.** **Weather**

**permitting. Free.**

Fresh & prepared foods, produce, meats, cheeses, artisan crafts & specialty products. Children's activities, educational displays, talks, walks, demonstrations & music.

Vendors accept WIC, SNAP & locally based coupon programs.



## Pot Luck Dinner

It is summer! Get out of the house and join us for our *June Pot Luck Dinner*: **Monday, June 22, 6:00 pm.**

50 & over invited. Please call to sign-up & to let us know what you will bring.