
NOISES FROM THE CENTER

Vol. 6 No.10 What's happening at the Senior Center October 2017



Article by Brad Parker:

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Here we are at the beginning of October. It seems like it was just Memorial Day and we are all waiting for summer. This summer our little town had a lot of great events. I will name a few that were appreciated by many of our seniors. In July, we had the traditional Lion's Auction which helped many people find treasures to fill up their houses. Monday's during the summer brought many people out for the famous Music on the River concert series. A great event that we can all be proud of. In August, the Community Lions hosted a free ice cream social for town residents, which gave our residents a summer night of friendship and ice cream. The East Haddam Lion's club provided a great chicken barbeque for the Town's seniors on the last Sunday of August. This year 230 seniors enjoyed a great Sunday dinner as a gift from the Lion's. We do live in a great town.

As we think back on the good memories of this summer I cannot help but think of some people in our country that have recently gone through some devastating times. In the brief time that it takes for a hurricane to go through, so many of our fellow residents have lost everything. Parts of Texas, Florida and now Puerto Rico look more like a war zone. I cannot imagine if my house was washed away along with everything, I own. Where would I start? These poor people have had their lives turned upside down. As Americans think, we have an obligation to help these people even if it is in a small way. Every little bit helps. I have spoken with the American Red Cross and was told that the best way that we can help from here is with monetary donations. I will be collecting donations until November 1st for hurricane aid. If you make a donation with a check please write Hurricane relief in the memo section and make the check out to American Red Cross. Cash donations are also accepted. As I said, every little bit when all combined will make a big difference. I ask that not only members of the Senior Center but all East Haddam residents join in and support the cause. It would certainly mean a lot if we can make a significant donation from our town. Can you imagine what our community would be like if we got 30 or 40 inches of rain this weekend and winds of over 100 miles per hour. The recovery process for these communities is going to be a long-term project and will go on long after the TV coverage ends. I hope that we can all get together and once again show what a great little town we have here.

Also, let me just remind you that flu shots will be available at the Senior Center on October 11th from 12:30 – 2:30. It is time to get ready for the Winter flu season.

October Birthdays

- 1 Irene Herden
2 Doris Sotire
- 3 Elliot Borent
Ginger Walter
- 5 Paula Woodworth
Helen Charov
- 7 Rain Spiegel
June Tirone
- 8 Royce McCall
- 11 Jim Tibbetts
13 Robert Mirer
- 14 Angelo Rosadini
Geri Hutra
- 15 Alice Guertin
16 Helen Gregor
17 Joan Sikorski
18 Patricia Bennett
Neil Hanlon
- 19 Angie Borgnine
Diana Resler
- 20 Joseph Irvin
Glennice Zieminski
- 21 Peter Butz
Tom Ceniglio
- 22 Jim McAllister
28 Iris Klar
29 Dick Bellucci
30 Fran Kosalski
Kenneth Ziobron



Birthday & A Movie

On the fourth Monday of every month, we have a birthday party – homemade birthday cake and a movie. If it is your birthday month and you are 60 or older, please join us for lunch, for free, anytime during the month. Reserve your lunch by noon the day before you wish to come. This month's party is on **Monday, October 30th, 1:00 pm**.

Shopping and Lunch Schedule

Fee: \$3.00. If desired, the bus will stop at the East Haddam Food Bank.



Tuesday, October 10th

Waterford: Walmart, Aldi,
O.S. Job Lot

Tuesday, October 24th

Cromwell: Walmart, Aldi,
Athenien Diner

AARP[®]

Driver Safety

Fall is here and snow is not far away. What can you do to be more prepared for the roadways this winter? Is there a comprehensive checklist for vehicle maintenance? Are there any "best practices" you should know to be safer on the road? For the answers to these questions and many more, please consider taking an AARP Driver Safety class at the Senior Center on **Wednesday, November 15th, from 12:30 to 4:30 pm**. Drivers 60 and older completing the course may qualify for a discount on their auto insurance. Must be present for the entire 4 hours to receive discount. Please sign up at the Senior Center. The cost for the class is \$15.00 for AARP members and \$20.00 for non-members.

Cora is Back!

**Friday, October 20th
8:30-2:00 pm**

\$25. for 30 minutes. Rejuvenate your spirit, sign-up today.



This month I want to recognize a lady that is always ready to do something nice for someone. She is part of our regular lunch group. Whenever one of the regulars has a birthday she makes a cake and brings it in for dessert for all to enjoy and to celebrate their special day. Last month, because she knows that I prefer pie, she made 2 kinds of pie and a cake. This month's Good Guy is Sophie Blaschik. **Please join me in Thanking Sophie** for all she does for the Senior Center.

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CENTER HOURS

8 am 3 pm weekdays

ConnectiCare Discussion

A representative will be at the Senior Center on **Monday, October 23rd, 10:00^{am}**, to discuss and answer questions regarding the various Medicare Plans offered by *ConnectiCare*. This is perfect timing for this discussion because Open Enrollment for Medicare is October 15 – December 7. See the Medicare article in this issue of the Newsletter for dates to meet with counselors at the Senior Center.

Do You Have Medicare & Connecticut Medicaid?

If you answered yes, Anthem Blue Cross and Blue Shield may be the plan that's right for you! Come hear why. **Join us:**

Anthem Rep, Traci O'Brien will be here on **Monday, October 30th 10:00^{am}** to tell you why.

The East Haddam Garden Club Presents:

"Scanner Photography"
Wednesday, October 18th @
7:30 – 8:30^{pm}.

Photographer, Ellen Hoverkamp will demonstrate how to digitally capture beautiful plant and flower images. This program is free and open to the public. Refreshments will be served with a raffle following. Join us

Ivoryton Playhouse Presents:

I Hate Musicals – The Musical
Wednesday, October 11th, 2:00^{pm}
Bus departs the Senior Center
@1:00^{pm}

\$35.00 for the ticket
\$ 5.00 for the bus

It's a musical like nothing you've ever seen before!!

Holiday Craft Fair

Believe it or not, we are planning our Holiday Fair already! The date is **Saturday, December 2nd**. The knitters and crocheters have been busy all year making some nice items, ideal for Christmas gifts. We will once again have our "Tea Cup Auction." It has been a very successful fundraiser. We will be looking for donations for this auction. Popular items have been "Themed Baskets": bird houses, bird feeders, bird food, handmade items, jewelry, lottery tickets, cash, wine, liquor, gift certificates.... just to name a few. The **"Tea Cup Auction" will be set up on Monday, November 27th** and the **drawing will take place at our Holiday Party on Monday, December 11th**.

Donated items must be at the Senior Center no later than November 30th. Please see Alice Sabo (860) 873-9217 or Brad if you plan to donate.

Basket Donations

The Garden Club makes centerpieces for the Food Bank every year and could use small baskets in good condition (4" – 6") that you are willing to donate. Please drop off at the Senior Center any time before Thursday, November 16th.

Thank You!!



Heavy Duty Paper Plates
Dessert Plates
Ketchup

September Donations

Dot Afonso; \$\$ donation
Caroline Armstrong; Candy corn & coffee



Peggy Blake; Paper plates & napkins
Bob & Suzanne Bostelman; Apple juice

Myra Brandt ; Copy paper
Jovita Cozean; Sweet relish
Rasik Davda ; \$\$ donation
Bob & Rita Fiala; \$\$ donation
Ray & Elaine Flaherty; \$\$ donation
Ciel Golub ; Candy
Richard & Carol Harrington
Coffee cups, dill

pickles, napkins, fresh veggies
Ralph & Terry Havens; \$\$ donations
Sally Merry; Ice Cream & \$\$

donation
Henry & Kay Novinski; \$\$ donation
Pat O'Brien ; Coffee

Dot Parker; Candy, fall decorations,
hand soap & table cloths
Mickey & Louise Pear; \$\$ donation
Alice Sabo; Candy
Shelley Salamon; \$\$ donation
Don & Gail Sama; \$\$ donation
Gloria Sikorski; Hand soap & paper plates

Joan Sikorski; Apple juice & ice tea
Kathy Simmons; Paper plates
Dot Simone; Seasonal napkins & fall decorations

Ellie Sutton; Plastic cups
Carol Thody; Candy, puzzles & tea bags

Louise Vanhaverbeke; \$\$ donation
Dot Woel ; Coffee
Elaine Woods; Note pad paper

Mystery Lunch!

Let Anthony take you on a magical mystery lunch trip.

The bus will take you to a Surprise Lunch spot.

When: **Wednesday, October 25th**
The mystery magical bus will depart from the Senior Center @11:00^{am}
Don't miss out on this mystery.

Sign-up today

AARP &

**The Senior Center
Present: Disrupt Aging**

It's a conversation designed to bridge the gap between generations. This interactive session focuses on aging from an intergenerational perspective, offers thought-provoking discussion and activities
Join us: **Monday, October 16th @ 1:30^{p.m}**

Sign-up today



Flu Shots
Wednesday, October 11
12:30 pm - 2:30 pm



Bingo & Pizza Night
Thursday, October 26th
6:00 ^{pm}, \$5.00
Please sign-up by Monday, October 23rd.

**The Winner
of the Monthly Drawing Is:**



Rita Fiala. A \$10.00 Gift Certificate to Gristmill Market was awarded.



Thursday, October 12th
Lunch/Bingo....\$8. @ 12 ^{pm}
Bingo Only.....\$5. @ 1^{pm}
Please pay in advance,
sign-up today



Assistance Program/Community Renewal Team (CRT) will be accepting applications for fuel assistance again this year. You may come to the Senior Center to **apply between Oct. 1st and Apr 1st.** Please call the Senior Center for details and to schedule an appointment.



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