
NOISES FROM THE CENTER

Vol. 6 No.11 What's happening at the Senior Center November 2017



Article by Brad Parker:

East Haddam

Senior Center

15 Great Hillwood Road

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Here comes November and snow and less daylight hours. Early Day and have a chance to recognize have done to make our country and that we all take time this month to because of these veterans that we are are also able to pursue even more to look very far to find another wish that the could enjoy the freedoms and rights that we have. I can say that I wish that so many people didn't take these freedoms and rights for granted. So this year around Veterans Day lets all make an effort to let the Veterans in our life know they are appreciated.



along with it comes cold weather, in November we celebrate Veterans and thank all the Veterans for all they our way of life as good as it is. I ask thank a Veteran for their service. It is able to enjoy so many freedoms and rights as free people. We do not have country where the people can only

wish that the could enjoy the freedoms and rights that we have. I can say that I wish that so many people didn't take these freedoms and rights for granted. So this year around Veterans Day lets all make an effort to let the Veterans in our life know they are appreciated. Later in the month we will celebrate Thanksgiving Day. This holiday started out with people getting together for a meal to give thanks for what they had and the good in their life. As we think about it, these people really didn't have much but they were thankful for what they did have and the people they had to share it with. Today I think that to many people think of thanksgiving as a day to stuff themselves with turkey and pie and then watch football. I wish that we could all start thinking about the real meaning of thanksgiving. Let's all take a moment to appreciate what we do have and the family and friends that we have to share it with. Also, how about if we all give it some thought and think of someone we might know that is not as fortunate and do something nice for them. This can be something small but it will help them to have something to be thankful for and brighten up their life a bit. Now as we go into November, we will all crank up the thermostats, bring out the coats and hats, and clean up those pesky leaves in our yards. Once again this year I would like to offer my leaves to anyone that would like them. If you are interested you can pick them up at your convenience. I hope you all have a great month and save me a piece of holiday pie.

November Birthdays

- 2 Christopher Storer
 3 Loresa Julius
 5 Barbara Hahn
 Maryjane Kozly
 6 Marilyn Currier
 Carolyn Perkins
 7 Robin Gilmartin
 Jo Golec
 9 Jane Mazzotta
 Celine Garneau
 10 Terri Carpenter
 11 Bud Gaudio
 Kathy Dill
 Catherine Wagner
 Peg Darrow
 Chris VanValkenburg
 Roberta Egnaczyk
 13 John Gorman
 15 Marjorie Kagan
 17 Christine Johnson
 Joanne Gamble
 18 Dot Simone
 19 Margaret Blake
 21 Cecilia Golub
 22 Carol Dolinski
 23 Carol Behilo
 24 William Guinness
 Sally Hungerford
 Louise VanHavenbeke
 25 John Pagnani
 Jean Favreau
 26 Karen Mills
 28 Carolyn Parkos
 30 James Ware



Birthday & A Movie

On the 4th Mon. of every month, we have a birthday party – homemade birthday cake & a movie. If it is your birthday month & you are 60 or older, please join us for lunch, for free, anytime during the month. Reserve your lunch by noon the day before you wish to come. This month's party is on **Mon., Nov. 27th, 1:00 pm.**

Shopping & Lunch Schedule

Fee: \$3.00. If desired, the bus will stop at the East Haddam Food Bank.



Tuesday, November 7th:

**Old Saybrook: Walmart,
Stop/Shop, OS Job Lot**

Tuesday, November 21st:

**Waterford: Walmart,
Aldi's, OS Job Lot**

Driver Safety

Fall is here and snow is not far away. What can you do to be more prepared for the roadways this winter? Is there a comprehensive checklist for vehicle maintenance? Are there any "best practices" you should know to be safer on the road? For the answers to these questions and many more, please consider taking an AARP Driver Safety class at the Senior Center on **Wednesday, November 15th, from 12:30 to 4:30 pm.** Drivers 60 and older completing the course may qualify for a discount on their auto insurance. Must be present for the entire 4 hours to receive discount. Please sign up at the Senior Center. The cost for the class is \$15.00 for AARP members and \$20.00 for non-members.

Cora is Back!

**Friday, November 17 from
8:30 am-2:00 pm**

\$25. 00 for 30 minutes.
 Rejuvenate your spirit, sign-up today.



This Month I want to recognize the Moodus Drum & Fife Corp. as the "Good Guys" for the great muster that they held on October 21st. What a great event! Our community can be very proud of the Moodus Drum and Fife Corps.



The Winner of the September Drawing is: **Rina Stevens.**

A \$10.00 Gift Certificate to Nathan Hale Pharmacy was awarded.

Congrats Rina!

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CENTER HOURS

8 am 3 pm weekdays

Fall Pot Luck

There is nothing better than home-cooked food! Join us for our Fall Pot Luck Dinner: **Monday, November 13th, 6:00 pm.**

Immediately following will be an **A.A.R.P** presentation regarding **Fraud Watch Network**, Open to all. Please come in or call the center to sign-up and to let us know what you will bring.



Holiday Pot Luck Luncheon



Monday, December 11th: Holiday Pot Luck Luncheon, 12:00 pm, free. We will provide the main course (meat of some kind) and dessert. You provide the fixings: appetizer, hot dish, or salad. We are not fussy! Entertainment will be provided. **50 & over welcome.**

Please sign up in advance.

Holiday Winter Wishes @ the Aqua Turf Club

Tuesday, December 12th
\$41.00 pp / \$5.00 for the bus
Good Food, gorgeous décor, and fantastic music, combine to give you an enjoyable afternoon!

*Salad/Pasta/Sliced Roast Turkey/Chicken Kathryn/Potato/Vegetable/Dessert

Bus will depart the Senior Center @10:15
Don't miss out, sign-up today

A BIG THANK YOU
to the **LEO'S**
for the **GREAT JOB**
they did with their annual
PUMPKIN WALK.

Holiday Craft Fair

The Senior Center will be sponsoring a Bake, Craft & White Elephant sale!! The date is Saturday, December 2nd. Lunch will be available for \$3.00. The knitters and crotchetiers have been busy all year making some nice items, ideal for Christmas gifts. We will once again have our "Tea Cup Auction." It has been a very successful fundraiser. We will be looking for donations for this auction. Popular items have been "Themed Baskets": bird houses, bird feeders, bird food, handmade items, jewelry, lottery tickets, cash, wine, liquor, gift certificates.... just to name a few. The **"Tea Cup Auction" will be set up on Monday, November 27th** and the drawing will take place at our **Holiday Party on Monday, December 11th.** It would be a great help in setting up the "Tea Cup" Auction if all donations are in by noon on Monday, November 27th.

Please see Alice Sabo (860) 873-9217 or Brad if you plan to donate.

Basket Donations

The Garden Club makes centerpieces for the Food Bank every year and could use small baskets in good condition (4" – 6") that you are willing to donate. Please drop off at the Senior Center any time before Thursday, November 16th. **Thank You!!**



Decaf coffee

Small coffee filters

*So much
to be
Thankful
for!*

October Donations

Barbara Boluck, Ketchup
Bob & Suzanne Bostelman, Apple Juice
Chris Briggs, Holiday Napkins
Terri Carpenter, Fall Napkins & paper plates
JoVita Cozean, Ketchup, Kleenex, mayo, mustard & paper plates
Bob Cumming & Leighton Phraner Candy & Salad dressing
Rasik Davda, \$ donation
Walt Dixon & Elaine Schmittberger Paper plates
Nancy Geysen, Candy, Halloween décor & Ketchup
Go & Walt Golec, Candy & yarn
June Guertin, Hand Soap, napkins & paper plates
Richard & Carol Harrington, Cups, paper & dessert plates, napkins, & salad dressing
Ralph & Terri Havens, \$ donation
Sally Hungerford, Paper bowls
Doreen Jezek, Paper plates
Sherry Langan & Paul McCluskey Paper towel bundle
Jim & Kathy Leatherbee, \$ donation & puzzle
Dave & Elenore Miller, Candy
Nasrin, Ketchup & paper plates
Pat O'Brien, Napkins & paper plates
Dick & Carol Parker, Paper Plates
Louise & Mickey Pear, Paper plates & napkins
JoAnn Roczniack, Snacks & goodies
Alice Sabo, Candy & Mayo
Joan Sikorski, Cups & paper plates
Dot Simone, Dessert plates
Joe & Janice Sina, Copy paper
Phil & Marianne Snow, Disinfectant Wipes
Jim & Pat Ware, Ketchup & paper plates
Louise Vanhaverveke, Ketchup & paper plates
Audrey Wright, Pens



In honor of Veteran's Day

Friday, November 10



Thanksgiving

Thursday, Nov. 23

Friday, Nov. 24



Medicare Open Enrollment

Why Medicare Open Enrollment you ask?? This is the time to check your Medicare coverage and make sure it's working for you....

The Open Enrollment Period for current Medicare recipients is Oct. 15 – Dec. 7. During this time period, and only during this time period, those who are currently enrolled in Medicare may make changes to their plans. The Senior Center will have counselors available to help you decide which plan best suits your needs. These sessions will be on three days,

from 9^{am} – 2^{pm}:

- Wed, Nov. 1st;
- Wed, Nov. 15th;
- Wed, Nov. 29th. You must sign up in advance for your private consultation. This service is provided free of charge.



Thursday, November 16th
Lunch/Bingo-\$8. @ 12^{pm}
Bingo Only-\$5. @ 1^{pm}
Please pay in advance,
sign-up today



The CT Energy Assistance Program/Community Renewal Team (CRT) will be accepting applications for fuel assistance again this year. You may come to the Senior Center to apply between October 1st and April 1st. Please call the Senior Center for details and to schedule an appointment for **November 6th, Fuel Assistance Day.**



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