



FOR IMMEDIATE RELEASE
Media Advisory - **June 3rd & 4th 2017** events
Contact: machsunfriends@gmail.com

TRAILS DAY WEEKEND

"Friends of Machimoodus-Sunrise State Parks is a group of volunteers dedicated to the preservation, protection and perpetuation of these two beautiful ecologically and recreationally important open spaces. We strive to help maintain these parks and enhance the opportunities for all to enjoy the parks."

Machimoodus and Sunrise State Parks are two of the jewels of East Haddam. These adjoining properties along the Salmon River are among two of the newest additions to Connecticut's state parks' roster.

9 - 11 am Saturday June 3rd --

Join us as we circumnavigate Machimoodus State Park along the Upper and Lower Vista Trails, stopping at the lookout points on Mount Tom. We will also explore park's uplands along the old farm roads above the Moodus River as time permits. We will introduce you to the trails, sharing aspects of nature with plenty of observational stops and photo ops along the way. Hike leaders Andrew Lord and Jaqueline Rowe will point out some of the many interesting ecological features hidden in plain view. This will be a casual hike of varied terrain.

There may be mud, so please wear appropriate footwear. Bring water, cameras and good cheer!

Smokey Bear will be on hand to help us greet visitors and participants.

We'll meet at the "Friends" table in the parking lot of Machimoodus State Park: 128 Leesville Road (Route 151) Moodus, CT. **Look for Smokey!!**

All ages are welcome, as are well-behaved, leashed dogs, but please no bears. Smokey hates to share the spotlight!

Pre-registration is appreciated and helpful! If it rains, this event will be cancelled. Registered participants will be notified in advance of any changes. Email machsunfriends@gmail.com, or visit our event page on facebook.

10:30 am - 1 pm Sunday June 4th --

We are pleased to co-sponsor this event with Quiet Kayak Rentals. Join Rep. Melissa Ziobron and Larry Johnson, the former owner of Sunrise Resort, as they lead this walk through the old resort property. Come out and learn about the history of resorts at the park. Join us along the existing paved roadway, where you will meet with former employees and guests to talk about the historic sites, experiences, and stories from the resorts' heyday. 1/4 Mile from the entrance from Sunrise State Park. Follow the signage for Rep. Ziobron's Trails Day Walk.

Pre-registration is recommended. Check www.facebook.com/cthouse34 for last minute changes due to weather!!

For more complete information about all Trails Day Events statewide, please visit:
<https://www.ctwoodlands.org/ct-trails-weekend/events-2017>

For more information about our group -

Please visit: **FACEBOOK.COM/FRIENDSOFMACHIMOODUSSUNRISE**
or email machsunfriends@gmail.com