East Haddam Senior Center April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:15 Pilates 9:30 Yoga	**3** 9:00 Tai Chi 9:00 Shopping/Willimantic 10:00 Quilting 10/12 Computer Help 10/12 Blood Pressure 12:30 Mah Jongg	**4** 8:15 Pilates 8:15 Casino 10:00 Coloring	**5** 9:00 Tai Chi 10:00 Knitting & Cro. 10:30 Ex. Mtg. 10/12 Computer Help	**6** 8:15 Pilates 1:00 Game Day
9 8:15 Pilates 9:30 Yoga 1:00 Club Meeting 1:30 Bob Elmer/Author	**10** 9:00 Tai Chi 10:00 Quilting 10/12 Computer Help 12:30 Mah Jongg	**11** 8:15 Pilates 8:15 Casino 10:00 Coloring	**12** 9:00 Tai Chi 10:00 Knitting & Cro. 10/12 Computer Help 6:00p Potluck Dinner	**13** 8:15 Pilates 8:30 Cora 1:00 Game Day
16 8:15 Pilates 9:30 Yoga	**17** 9:00 Tai Chi 9:00 Shopping/Cromwell 10:00 Quilting 10/12 Computer Help 12:30 Mah Jongg	**18** 8:15 Pilates 10:00 Coloring	**19** 9:00 Tai Chi 10:00 Knitting & Cro. 10/12 Computer Help 1:00 Bingo	**20** 8:15 Pilates 1:00 Game Day
23 8:15 Pilates 9:30 Yoga 1:30 Lyme Disease Presentation	**24** 9:00 Tai Chi 10:00 Quilting 10/12 Computer Help 12:30 Mah Jongg	**25** 8:15 Pilates 10:00 Coloring 12:30/4:30 AARP Driving Safety Class 1:00 Crafts	**26** 9:00 Tai Chi 10:00 Knitting 10/12 Computer Help 1:30 Volunteer Reception	**27** 8:15 Pilates 1:00 Game Day
30 8:15 Pilates 9:30 Yoga 1:00 Birthday Movie				