4/2/2020

To: Municipal CEOs, Municipal Town Managers, General Public
RE: First COVID-19 Fatality in Chatham Health District

Chatham Health District was notified by the State Department of Public Health that a resident of Portland has died of COVID-19 disease. The resident had been under care for their illness in the hospital for several weeks. This tragic loss from COVID-19 is the first among residents in a Chatham Health District municipality, and serves as a grim reminder that COVID-19 disease can be severe and deadly.

There is currently ongoing community transmission of COVID-19 in all Chatham Health District communities. Over the next few weeks, we expect to see the number of local cases of COVID-19 accelerate. Chatham Health District is reminding all residents and visitors to practice safe social distancing:

- Minimize time spent out in the community, and stay at least 6 feet away from others while in public.
- Avoid gathering in groups of more than 5 people.
- Limit activities in public to only those that are essential, including:
  - work in an exempted business or industry
  - exercise
  - dog walking
  - purchasing food and other groceries
  - medical care