Update on COVID-19

This is a message from First Selectman Rob Smith and Emergency Management Director Craig Mansfield with an update about COVID-19 on Monday, March 30, 2020.

The Town of East Haddam has 2 confirmed cases of COVID-19 at this time. It is essential that we continue to practice Social Distancing and take all the following personal preventative measures seriously:

- Follow the Governor’s direction and Stay Safe, by Staying Home.
- If you must go out into public places, please maintain a 6-foot distance.
- Social Gatherings over 5 people are not allowed.
- Wash your hands properly for more than 20 seconds and frequently.
- If you do become ill, stay home and contact your doctor immediately.
- If you are an out of state resident or traveled back to Connecticut from out of state, please self-quarantine for 14 days.
- Please dispose of used gloves and masks properly in a sealed bag in a trash bin. Never throw them on the ground!

Following these recommendations will help keep you, your family and our community safe.

For a full update on the Town services available during the COVID-19 pandemic, please visit the Town website at www.easthaddam.org.

We will get through this, but we must work together. Thank you and have a good night.