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 TOWN CLERK'S OFFICE

MINUTES

Commission on Aging Committee Meeting

Wednesday, May 22, 2019
 Community Center Room 107

Members Present: Phyllis Jachimowski, Robert Newton, Kathryn Rich and Suzanne Reilly.

Member Absent: Chairman Evelyn Molner,

Others Present: Mary McNelis, Community Services Director and Lucy McConologue, Elderly Services Manager

1. **Call meeting to order:** Suzanne called the meeting to order in Evelyn's absence @ 10:03 a.m.
2. **Pledge of Allegiance:** All present stood and recited the Pledge of Allegiance
3. **Public Comment:** None
4. **Approval of April 24, 2019 meeting minutes:** A motion was made by Phyllis and seconded by Kathryn to approve the April 24, 2019 meeting minutes, motion carried.
5. **Elderly Services Manager Report:** Lucy presented her current report for May 2019: Weekly Fitness programs continue to have good attendance with additional members signing up, most of the programs do not need prior attendance to attend. (Chair Yoga, Zumba Gold, Qigong)
 An additional day for Pickleball is now offered (Monday, Wednesday and Thursday) and it's still popular.
 The Senior Center hosted an informational Program and Pizza on May 16 at 4:30 pm that was sponsored by the Valley Senior Services Council in which 19 individuals attended. Lucy met with Lorrie Hoak, of TEAM to arrange for some additional programs, including having a TEAM outreach worker come to Seymour to take applications for Fuel Assistance and several other programs. This would be an asset since many people have difficulty going to the TEAM office to complete applications. If a specific day is designated then transportation will also be arranged for Seymour residents to get to the Senior Center for their appointment.
 The foot traffic in the building has increased, more individuals are playing cards, stopping by for coffee, etc.
 Mahjong another intro session will be scheduled in the fall since we have seen an increase in numbers and level of play, now there are 3 tables of 4 on a regular basis. 6-8 people participate in the Band Jam.
 The Senior Center library has been set up again and it is cozier, books and puzzles are available.
 The Atlantic City trip had 34 attend earlier this month. The Mediteranian Cruise information session had 16 people.
 New programs are being planned for fall & winter as well as programs for 2020.
 The Walking Path will begin in June.
 There has been conversation about looking for a new location for the Community Center and Senior Center due to the age and deteriorating condition of the building and the costly expenses. There will be a request for bond money for the move.

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A new bus has been included in the Capital budget and we would know if it has been approved next month. It would take 6 - 8 months for the dollars to be released, the older bus had some additional necessary repairs to the Van belt recently.

The rate increase is to be effective July 1 and therefore those that are signing up in May and June are receiving the remainder of the 2019 season for free. Lucy also distributed a copy of the Baltic Capitals Cruise information scheduled for June 5 - 16, 2020 featuring 9 nights aboard the Norwegian Escape plus Copenhagen and a copy of the Panama Canal Cruise from New York November 29 - December 12, 2020 - the trips are arranged by Landmark Tours & Cruises.

Membership report - Mary shared that the Membership is at 520 and they have exceeded their goal of reaching 500, with 33 new members enrolled this month. (note, the list was cleaned up in 2016; in 2017 there were 288 members and therefore we have almost doubled the number of members since then.

6. **Municipal Agent Report** - Bonnie Wilkes was not able to attend but had forwarded the March and April report to Suzanne, which was summarized and read to the members present, copies are attached to these minutes.
7. **Financial Report:** Mary shared the financial report for the Elderly Services department is doing fine; the only line item that may be over is the bus repairs and she will request assistance if needed from the town so the budget will remain in good standing.
8. **Public Comment:** None
9. **Old Business:** None
10. **New Business:** None
11. **Member Comment:** Suzanne reminded the committee members that this is no scheduled meeting in July and August.
12. **Prepare June 26, 2019 meeting agenda** – Suzanne will reach out to The Library Director Suzanne Garvey to see if she'd like to present at a future meeting and perhaps see if we can revisit the Callahan House or Norman Ray House to speak to the residents for a future meeting.
13. **Adjournment** A motion was made by Kathyryn and seconded by Bob to adjourn, Motion carried. (10:32 am)

Respectfully Submitted, Suzanne Reilly, Secretary - Commission on Aging

Municipal Agent for the Elderly Report

April 2019

# of paid hours	32
# of clients	7
# of collateral contacts	11
# of home visits	0
# of meetings out of office	0

Clients are referred to me in several ways. They are referred by other departments in town, by the South Central Area on Aging, by staff from the Housing Authority, through articles in local newspapers, by Griffin Hospital, by local community providers (doctors, dentists, pharmacists), from the CT Department of Social Services and the CT Department on Aging, TEAM, Inc., local Seymour businesses (i.e. laundromat) and by word of mouth from Seymour residents.

Issues this month included referral and assistance with the following: SNAP, Medicare Savings Program, the CT Home Care Program for the Elderly, Housing Options, Social Security issues, employment issues, information on dental services for low income patients, information and referral concerning free and reduced phone service, Energy Assistance, referrals to the Choices program, Information on reverse mortgages, US Census issues, assistance coordinating with other agencies, such as Dept. of Social Services and Social Security Administration.

All of the above activities were conducted with the mission/focus of assisting Seymour seniors in accessing the myriad of services and resources available to assist them to maintain and continue a healthy, happy, independent life in their own homes, while honoring and advocating for the choices they make.

Please contact me if you have any questions.

Bonnie Wilkes

Municipal Agent for the Elderly Report

March 2019

# of paid hours	32
# of clients	15
# of collateral contacts	11
# OF Home Visits	0
# of Meetings out of office	0

Clients are referred to me in several ways. They are referred by other departments in town, by the South Central Area on Aging, by staff from the Housing Authority, through articles in local newspapers, by Griffin Hospital, by local community providers (doctors, dentists, pharmacists), from the CT Department of Social Services and the CT Department on Aging, TEAM, Inc., local Seymour businesses (i.e. laundromat) and by word of mouth from Seymour residents.

Issues this month included referral and assistance with the following: SNAP, Medicare Savings Program, the CT Home Care Program for the Elderly, Housing Options, Social Security Disability Application assistance, employment issues, information on dental services for low income patients, information and referral concerning free and reduced phone service, Energy Assistance, resources for brain injured clients, assistance coordinating with other agencies, such as Dept. of Social Services and Social Security Administration.

All of the above activities were conducted with the mission/focus of assisting Seymour seniors in accessing the myriad of services and resources available to assist them to maintain and continue a healthy, happy, independent life in their own homes, while honoring and advocating for the choices they make.

Please contact me if you have any questions.

Bonnie Wilkes