

Sunday Special Yoga 9:00AM - 10:30AM



3/11	Michelle	4/22	Hope
3/18	Hope	4/29	Natalie
3/25	Sharon	5/6	Debbie
4/1	Happy Easter!	5/13	Gina
4/8	Debbie	5/20	Hope
4/15	Debbie	5/27	Natalie
		6/3	Debbie

Sunday Yoga:
\$3.00 Members
\$12 Non-Members
Straps and Blocks provided. BYO Bolsters and blankets

Be Active!