

Trail of Two Cities 5K

Point-to-Point Via the 9th Street Bridge

Saturday November 2, 2019

(Rain or Shine)

8:00 AM Start

Ocean City to Somers Point, NJ

Closed Course



SOMERS POINT
SCHOOL DISTRICT
the learning starts here!™

Fees:

\$25- Pre-registration (mail in received by October 26th, 2019, online registration until October 30, 2019)

\$30- Day of Race

Family Rate; immediate families (from the same household) of up to 4 people can register for \$75. Separate registration forms are required for each family participant. Must pre-register by 10/26/19



PLEASE PRINT CLEARLY!

TRAIL OF TWO CITIES OFFICIAL ENTRY FORM

First Name _____ Last Name _____

Age on Race Day _____ Gender: M _____ F _____ Email _____

Address _____

City _____ State _____ Zip _____

Telephone (_____) - _____ - _____
*Registering as (please choose one): Walker _____ Runner _____
Shirt Size YM (adult) S M L XL XXL
Only 5k Runners are acknowledged for awards and given a posted time

WAIVER MUST BE SIGNED TO ENTER RACE

ALL ENTRANTS MUST SIGN! In consideration for accepting this entry, and the granting of the right to participate in this event, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, personal representative, successors, and assigns, waive and release any and all claims for losses and damages I may have against the Cities of Ocean City, Somers Point, Somers Point Foundation for Education, Somers Point Board of Education, partners, officers, directors, and employees, LAM Sports, all representative and successors.

The undersigned has read and voluntarily signed this release and waiver.

Signature (Parent/Guardian must sign if entrant is under 18)

Date _____

REGISTRATION: 7:00 am

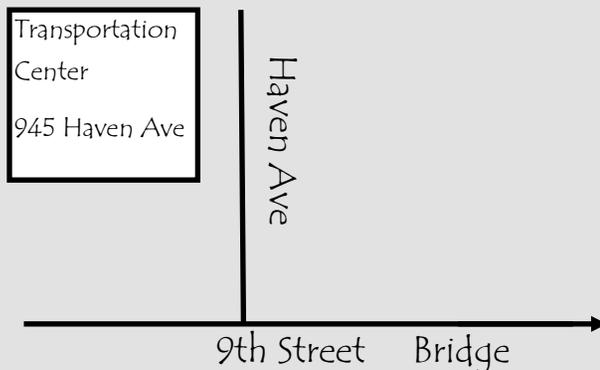
at

The Transportation Center in Ocean City at
9th Street & Haven Avenue.

Packet pick-up and late entry will also be
conducted at the transportation center.

Buses will be available 7AM at the finish line
at JFK Park in Somers Point, NJ to
transport runners to the start before the
race. Last bus to race start in OC will leave
Kennedy Park in SP at 7:30am. Buses will
also transport runners back to Ocean City at
the conclusion of the race.

The finish & awards ceremony will be held
at JFK Park in Somers Point after all
participants have completed the course.



Beat the crowd and pick up entry
packet early (pre-registrants only)

Friday, November 1st

from 9am-7pm at the

Ocean City Aquatic & Fitness Center
1735 Simpson Ave

*Sorry: No pets, bikes, skateboards, or
roller blades permitted.*

Course is police controlled

Please mail the entry form along with
check payable to Somers Point
Foundation for Education
121 W. New York Avenue, Somers Point,
NJ 08244 by October 26, 2019.
After October 28th all mail-in
registrations will be accepted day of the
race only.

Online registration is also available at
www.lmsports.com through 10/30/2019

Questions/Info? Please contact the Race
Committee at 609-927-2053 ext. 3101
Or 609-525-9317

Awards

1st Overall male and female age
groups, Top 3 Males and Females:

Under 9 yrs	30-39
9-11	40-49
12-14	50-59
15-19	60-69
20-29	70-79
	80+

Amenities:

Shirts guaranteed first 400
pre-registrants. Day of Race
Refreshments will be available at
the conclusion of the event.