Patient Instructions After a Rapid Test

You had a blood test today by the Delaware Division of Public Health. This test looks to see if your body is fighting an infection by the COVID-19 virus.

Patients who had symptoms (fever, cough, shortness of breath) when they were tested

☐ Your test was **NEGATIVE – you still at-risk for and likely to spread, COVID-19**. You **must** remain isolated from others for at least **3 days** after your fever goes away and your breathing returns to normal **and** at least **7 days** since you first noticed you were sick. DPH guidance is to stay away from work for **7 days** after your fever is gone and your breathing improves. Discuss this with your employer.

☐ Your test was **POSITIVE – you are likely to spread COVID-19**. You **must** isolate from others for at least **3 days** after your fever goes away and your breathing returns to normal **and** at least **7 days** since you first noticed you were sick. DPH guidance is to stay away from work for **7 days** after your fever is gone and your breathing improves. Discuss this with your employer.

For patients without symptoms when they were tested

☐ Your test was **NEGATIVE – you still have some risk for spreading COVID-19 to others**. You may not notice symptoms for up to 2 weeks after exposure to the virus that causes COVID-19. You **must** continue to practice social distancing. If your health care provider permits you to go to work or be in public you must wear a mask or face covering while at work. Tell your supervisor if you begin to develop symptoms and self-isolate at home until seen by a health care provider. If you do not have a health care provider call 2-1-1 for assistance.

☐ Your test was **POSITIVE for the IgM antibody (or test was positive for both IgM and IgG). This means you may have an active infection. You may spread COVID-19, especially if you become sick**. You **must** self-isolate for **7 days** after the test. DPH recommends staying away from work; please tell your supervisor. Isolation from others may end seven days after receiving the positive test result, as long as you do not develop COVID-19 symptoms after. If you do develop symptoms, you need to isolate until 3 days after symptoms go away. You may not return to work until 7 days after symptoms have gone away. Tell your supervisor if you begin to develop symptoms and isolate yourself away from others until seen by a health care provider. If you do not have a health care provider call 2-1-1 for assistance.

☐ Your test was **POSITIVE only for the IgG antibody. This means you may have had COVID-19 but still may have some risk.** You should continue to follow all instructions to avoid giving COVID-19 to others, including social distancing and wearing protective equipment.