

The Maryland Head Start Association
2014 Spring Training Conference
May 5th – 8th

REGISTRATION Booklet

Registration Information
Schedule of Workshops and Descriptions
Hotel Information
Vendor & Advertiser Forms
& More...

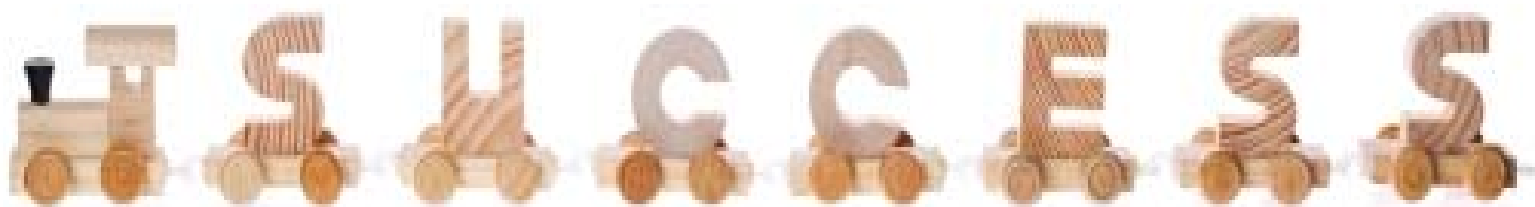
Conference Location:

Sheraton Baltimore North
903 Dulaney Valley Road
Towson, Maryland 21204



Jump on the Express Train to Success!

*Success is when you improve yourself,
you have faith in yourself and
express yourself.*



www.md-hsa.org



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Maryland Head Start Association

MHSA 2014 Spring Training Conference - Tentative Schedule

Monday, May 5, 2014

8:30-9:00	Continental Breakfast
8:00-9:00	Pre-Conference Check-in
9:00-12:00	Pre-Conference Workshops
10:00-12:00	Registration
12:00-1:30	Opening Plenary Luncheon
2:00-3:30	Workshop Session #1
4:00-6:00	MHSA Annual Meeting
6:00-7:00	Dinner on Your Own

Tuesday, May 6, 2014

7:30-8:30	Continental Breakfast
8:30-10:00	Workshop Session #2
10:00-10:30	Break
10:30-12:00	Workshop Session #3
12:00-1:30	Networking Luncheon
1:30-3:00	Workshop Session #4
3:00-3:30	Break
3:30-5:00	Workshop Session #5
5:00-6:30	Dinner on Your Own

Wednesday, May 7, 2014

7:30-8:30	Continental Breakfast
8:30-10:00	Workshop Session #6
10:00-10:30	Break
10:30-12:00	Workshop Session #7
12:30-3:30	Awards Banquet Luncheon
3:30-4:00	Break
4:00-5:30	Workshop Session #8
5:30-7:00	Dinner on Your Own

Thursday, May 8, 2014

7:30-8:30	Continental Breakfast
8:30-10:00	Workshop Session #9
10:00-10:30	Break
10:30-12:00	Workshop Session #10
12:00-12:30	Closing Session
12:30	Conference Adjourns



About the Conference

The MHSA wants you to join us at the 2014 Spring Training Conference!

As with each individual Head Start program, the MHSA is committed to providing opportunities for continuous personal and professional growth for the Early Childhood Education and School Readiness communities.

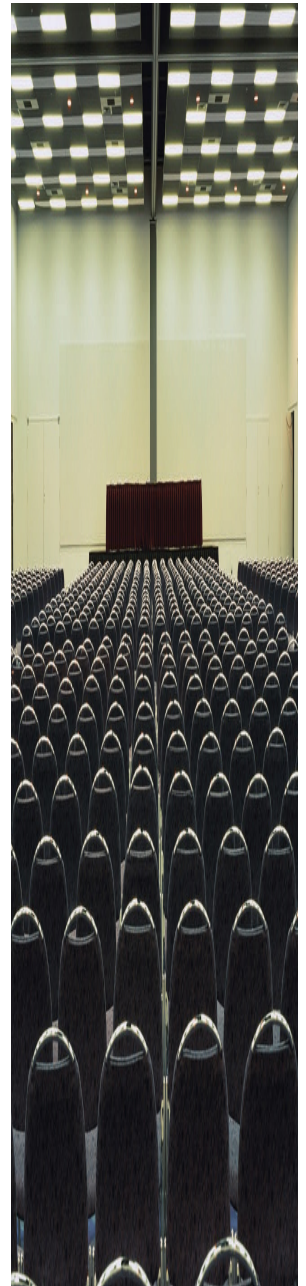
With the 2014 Spring Training Conference we hope to create a dynamic and challenging slate of workshops that will provide our attendees with real world skills and take-a-ways that they can use immediately. As an approved provider of MSDE Core of Knowledge credit hours, the MHSA Spring Training Conference provides early care and education professionals with an opportunity to earn up to 15 credit hours in the various content areas.

In addition, this is the time of the year when we recognize the contributions of our Head Start parents, who we rely on for shared decision making, ever increasing parent involvement and in-kind contributions of their time and talents. For as we know — They **are** their child's first teacher.

Maryland Head Start Association (MHSA) Spring Conference Goals:

- To foster a multi-faceted exchange between the MHSA and its membership and partners, with respect to policies, initiatives, programs, best practices and collaborative efforts.
- To enhance the leadership skills and professional development of prospective and current Early Childhood and Human Services leaders and professionals, in order to more effectively serve the children and families of Maryland and the nation.
- To provide parents, partners and volunteers with a better understanding of Head Start, while offering them an opportunity for their own personal and professional development.
- To increase the knowledge and understanding of participants regarding issues affecting the Early Childhood Education and Human Services communities.

The MHSA is committed to ensuring that our Annual Spring Training Conference content is reflective of a diversity of topics and perspectives.



Plan to Attend the Opening Plenary Luncheon

Join us as we kick off the
2014 MHSA Spring Training Conference
with an opportunity for fellowship, networking,
a delicious meal and the awarding of the
2nd Annual *Head Start Star Award* for
lifetime achievement in service to Head Start
in Maryland

And.....Our Keynote Speaker

Ms. Candy Whirley

who will teach us that

It Takes 4 to Tango!



It Takes 4 To Tango

Think everyone in your office acts like animals? You would be right! In this entertaining keynote, Candy Whirley encourages audiences around the world to live and work better together and to stop driving each other CRAZY! Candy will take you through a brilliant exploration of behavioral styles that will make you think, laugh, even dance...and recognize your true self and others. You'll also learn to overcome personality differences that lead to problems like communication breakdown, negotiation letdown, and delegation fall-down by learning the secrets to connecting and partnering with other personality styles.



MHSA 2014 Spring Training Conference Schedule

Monday, May 5, 2014

8:00-9:00	REGISTRATION						Vendor Set-up
9:00-12:00	Pre-Conference Workshops						
	He Said She Said: Gender Differences In Communication in Intimate Relationships	Money Matters	The George Washington Carver DISCO STEAM InVenTures				
	Building Partnerships That Support Student Achievement and Development			Instructional Support: Strategies to Enhance Concept Development and Quality of Feedback			
10:00-12:00	REGISTRATION						
12:00-1:30	Opening Plenary Luncheon and Award Presentation						
	Keynote Speaker: Candy Whirley -- <i>It Takes 4 to Tango!</i>						
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start & Infants and Toddlers	Head Start & Pre-School	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	
2:00-3:30	Reflective Curriculum Planning for Infants and Toddlers	Maryland EXCELS	Family Engagement - Early Education Starts with You!	Stress Management	Bridging the Gap		Registration Re-Opens
4:00-6:00	MHSA General Meeting						Registration Closed
6:00-7:00	DINNER ON YOUR OWN						

MHSA 2014 Spring Training Conference Schedule

Tuesday, May 6, 2014

7:30-8:30	Continental Breakfast						Registration Opens & Vendor Set-up
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start	Head Start	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	
8:30-10:00	Strengthening Families Parent Cafes	A Simple Recipe for Success: Blending ERS & CLASS Key Ingredients to Quality Care	Fatherhood Initiative - How to Engage Dads In and Out of Home	SPARK ABC's – Activity Break Choices!	Understanding Real Estate	Asthma Friendly Child Care: Reduce the Sneezing, Wheezing, and Coughing at Your Site	
10:00-10:30	Break & Visit Vendors						Registration
10:30-12:00	Understanding the Importance of Infant & Early Childhood Mental Health	Observation Really is Easier with a Play Based Curriculum	Parenting: "It Starts at Home"	Nutrition and Healthy Cooking	Real Estate Investing – Investigate Before You Invest	Fiscal Roundtable	
12:00-1:30	Networking Luncheon						Registration Closed
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start	Head Start	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	
1:30-3:00	Promoting Positive Parenting Among Latina Mothers in Home based Early Head Start	Autism and Young Children: When to Worry and What to Do	Parent/Family Engagement with a Focus on Dads	Better Smarter Sleep	Getting the Job Interview: Resumes & Cover Letters	All Things ERSEA	
3:00-3:30	Afternoon Break & Visit Vendors						Registration
3:30-5:00	Focus: Using the Infant Toddler Environmental Rating Scale to Monitor Quality Improvements	Instructional Support: Community of Practice Roundtable	Chaos to Calm in the Home (Specifically for Parents)	Pilates Stretch	Ready, Set-Sign Classroom Management the Fun Way! (Birth to 3 years)	What They Think You Do: Teacher's Messages to Administrators	
5:30-8:00	DINNER ON YOUR OWN						

MHSA 2014 Spring Training Conference Schedule

Wednesday, May 7, 2014

7:30-8:30	Continental Breakfast						Registration Opens & Vendor Set-up
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start	Head Start	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	
8:30-10:00	Reflective Practice, Self Awareness and Self Care	Kindercise in Action: See It, Say It, Sign It, Sing It	Don't Shoot the Messenger! How to Communicate Concerns to Parents	Charater Development: Planting the Seeds - Part 1	The George Washington Carver DISCO STEAM InVenTures - Part 1	Staying Inspired for Optimum Productivity - Part 1	
10:00-10:30	Break & Visit Vendors						Registration
10:30-12:00	Sweet Dreams: How to Use Family Engagement and Curriculum to Support Healthy Sleep Behaviors	Bollywood Dance for Tots	Parents' Role in School Readiness and the Data to Prove It	Charater Development: Planting the Seeds - Part 2	The George Washington Carver DISCO STEAM InVenTures - Part 2	Staying Inspired for Optimum Productivity - Part 2	
12:00-2:00	Parent of the Year Awards Luncheon						Registration Closed
2:00-2:30	Afternoon Break & Visit Vendors						
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start	Head Start	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	Registration Re-Opens
2:30-4:00	It's Never Too Early To Read!	Wonderful, Whimsical Words: Promoting Rich Vocabulary in Head Start	10-Minute Parenting / Teaching -- Relationships are Everything	Nutrition and Obesity Prevention	The George Washington Carver DISCO STEAM InVenTures - Part 3	5 Transformational Strategies to Develop Result-Focused Teams	
5:00-7:00	DINNER ON YOUR OWN						

MHSA 2014 Spring Training Conference Schedule

Thursday, May 8, 2014

7:30-8:30	Continental Breakfast						Registration Opens & Vendor Set-up
	Track 1	Track 2	Track 3	Track 4	Track 5	Track 6	
	Early Head Start	Head Start	Family Services	Health & Wellness	Professional & Personal Development	Leadership & Administration	
8:30-10:00	Jack's Brain, Jill's Brain Gender Differences and Why They Matter	It's Science, But It's Not Rocket Science!: Bringing Science to Life for Preschool Age Children	Finances for the Whole Family	Fostering Healthy Child Development/ Preventing Child Sexual Abuse	Asthma 101 - How You Can Take Charge	How to Be a Better Boss	
10:00-10:30	Break & Visit Vendors						Registration
10:30-12:00	Reflective Curriculum Planning for Infants and Toddlers	He's So Smart, But...Why Executive Function Skills Are as Important as Reading or Math	Measuring What Matters: Using Data to Support Family Progress	Zumba Fitness	Be an Oral Health Champion!	Resources and Tools for Health Services in Head Start	
12:00-12:30	CONFERENCE CLOSING SESSION & EVALUATIONS						Registration Closed
12:30	Depart and Lunch on Your Own						
1:00	TTA Committee Wrap-up Meeting						



Workshop Descriptions



Monday, May 5th

He Said She Said: Gender Differences In Communication in Intimate Relationships

PRE CONF
9:00 AM - 12:00 PM

Whether you are dating, engaged, living together, married, separated or divorced, communication between individuals in an intimate relationship is critical to its health and the level of relationship satisfaction. This workshop will examine why and how we communicate. Participants will examine the assumptions about gender differences in how we communicate and how they impact our relationships.

Audience: All

Presenter(s):

Nadine Owens Burton

Nadine Owens Burton is the founder and President of Owens Burton Consulting. She has been a Head Start Director, teacher and college admissions officer. She is the creator of *The Power of C.A.R.E.*[™] and *What Color Is Your Imagination?*[™], two quality improvement frameworks.

Instructional Support: Strategies to Enhance Concept Development and Quality of Feedback

PRE CONF
9:00 AM - 12:00 PM

This interactive presentation will explore the CLASS Dimensions of Concept Development and Quality of Feedback. The session includes hands-on, practical strategies that teachers can use to support children's understanding and deepen their knowledge of their surroundings while also exploring strategies to provide feedback that supports children's engagement and learning. Participants will engage in shared learning exercises to enhance their understanding of the scientific method, problem solving, and applying knowledge. Participants will also consider methods to support children's higher order thinking skills through the use of frequent back-and-forth exchanges and

asking children to explain their thought processes. This workshop is best suited for preschool/Head Start teachers, Education Managers, Mentor Coaches, as well as those who directly supervise classroom teachers.

Audience: Preschool/Head Start Teachers, Education Managers, Mentor Coaches, Center Directors

Presenter(s):

Angela Card

Angela Card, M.S. ECE, is the Maryland Head Start Training and Technical Assistance (MD HS T/TA) Center Manager and Early Childhood/Infant-Toddler Specialist. She supervises and supports the staff of the MD HS T/TA Center and works closely with many state ECE partners, such as the MD State Head Start Collaboration Office and the MD Head Start Association to ensure that all T/TA activities are carried out in a high quality manner. Angela received her Master of Science in Leadership, Policy, and Administration in Early Care and Education from Wheelock College in Boston, Massachusetts and her Bachelor of Science in Family Relations and Child Development from Oklahoma State University. Angela has worked in Head Start for over 18 years in several capacities including Teacher, Center Director, Education Coordinator, as well as the Director of an Early Head Start program. Angela brings a wealth of knowledge and rich experience to the field of Early Childhood Education focusing on comprehensive service delivery with expertise in systems development related to child assessment, individualization, and curriculum as well as ongoing monitoring.



Monday, May 5th

Money Matters

PRE CONF

9:00 AM - 12:00 PM

This very popular workshop is back again!

Learn how to change your spending habits, save up to \$800 per month in your current expenses, learn how to improve your budgeting skills and maybe become a millionaire. This session will show you how to create your financial house of wellness. We will also include how to understand your credit report, credit scores and how they impact everything from auto insurance costs to getting better rates on loans. We will discuss how to establish or reestablish your credit.

Consider signing up for Tuesday's session, from 9:00 AM till 12:00 PM, on Real Estate that works hand in hand with building your credit health and create retirement wealth.

Audience: All

Presenter(s):

Jim Harris

Director of Education, CCCS of MD and DE, Inc. Jim has completed multiple courses in employee management, marketing, motivation, planning, time management and contingency planning. In addition, he completed the Phil Crosby School of Quality Management as an instructor, completed management courses at the University Of Marquette School Of Business Management. He is currently a certified HUD instructor, certified credit counselor and a certified housing counselor and instructor, and Crown Ministry Leader and counselor. He is currently a published author, *Real People, Real Suffering, Real Victory*.



The George Washington Carver DISCO STEAM InVenTures

PRE CONF

9:00 AM - 12:00 PM

This workshop series, the George Washington Carver DISCO STEAM InVenTures,™ will introduce participants to a project approach for engaging parents with their children in integrated science, technology, engineering, art and math (STEAM) InVenTures/activities.

Participants will learn to use our DISCO (discover, investigate, simulate, and create opportunities) model to engage children in a hands-on approach to STEAM adventures and inventions (InVenTures).

This workshop will be repeated again during the conference, as a three session, 4.5 hour total workshop.

Audience: All

Presenter(s):

Akil Rahim

Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM) education for their children. Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM)

Monday, May 5th

Building Partnerships That Support Student Achievement and Development

PRE CONF

9:00 AM - 12:00 PM

This workshop was created by Dr. Karen Mapp from Harvard University

This institute provides an overview of the imperative for and best practices of family and community engagement (FACE). Additional topics include mentoring, home visits, and other efforts to build partnerships within the community.

Outcomes: This institute will enable participants to:

- Develop a shared vision of FACE—from educators, family and community members— to ensure systemic efforts
- Ensure FACE initiatives clearly link to curriculum goals and fully support learner outcomes
- Create effective evaluations around FACE initiatives and use those evaluations for planning and improvement efforts
- Maximize relationships with community partners to build a cohesive support network for students and families
- Repurpose open houses, parent-teacher conferences, and family nights to ensure all activities support their children’s academic achievement

Audience: Teachers, Administrators, Family Services Staff, Pre-K Teachers, Head Start Professionals, Early Head Start Professionals, Child Care Providers, Policy Group/Board Members

Level: Any

Presenter(s):

Mary Kay Carlo
Barbara Johnson

Scholastic Professionals



Monday, May 5th

Bridging the Gap

**Leadership & Administration
Professional & Personal Development
2:00 PM - 3:30 PM**

Misunderstandings because of gender differences, diverse skills, and fear of the unknown are just a few examples of barriers that can disrupt the flow and success of any organizational culture, productivity and goals. You will be able to: leverage the diverse behavioral styles of your people to bring out the best in each one, keep team performance high during changing times, and reduce conflict due to generational differences and gender-based communication.

Objectives:

Talent Management–Participants will learn how to identify precise leadership competencies incorporated with the organization strategy and acquirement. **Human Resources Managers** will be able to identify and develop key talent after learning the four personality technique and the four generations in today's organization.

Diversity–Participants will be given tools to develop and implement an integrated diversity strategy throughout organizational operations.

Leadership–Measurably change the organization's overall culture, policies and practices in leadership by implementing initiatives connected to business strategies such as diversity training and orientation for new employee development

Presenter(s):

Candy Whirley

From the Hawaiian Islands to Seoul Korea, Candy Whirley is famous for her high energy enthusiasm, innovative training activities, and contagious sense of humor. She is a dynamic speaker dedicated to sharing over 25 years of her expertise to help professionals improve their job performance and achieve their personal goals. Candy is most known for her interactive keynotes and breakout sessions, whether the request is team building, relationships or leadership skills, her clients know the audiences will be interactive, energized and entertained!



Reflective Curriculum Planning for Infants and Toddlers

**Early Head Start
2:00 PM - 3:30 PM**

This session explores how caregivers of infants and toddlers can encourage their natural curiosity and plan learning experiences that will support a strong foundation for school readiness. Participants will engage in shared learning experiences that observe and reflect on video examples of infant and toddler play and interactions. We will discuss how caregiver observations provide a frame for understanding young children's developmental strengths, interests, and needs, which is the foundation for planning curriculum, ongoing assessment, and family engagement. This workshop is best suited for Infant-Toddler/Early Head Start teachers, Home Visitors, Education Managers, Mentor Coaches, as well as those who directly supervise classroom teachers/Home Visitors.

Audience: Infant-Toddler/Early Head Start Teachers, Home Visitors, Education Managers, Mentor Coaches, and Supervisors.

Monday, May 5th

Presenter(s):

Angela Card

Angela Card, M.S. ECE, is the Maryland Head Start Training and Technical Assistance (MD HS T/TA) Center Manager and Early Childhood/Infant-Toddler Specialist. She supervises and supports the staff of the MD HS T/TA Center and works closely with many state ECE partners, such as the MD State Head Start Collaboration Office and the MD Head Start Association to ensure that all T/TA activities are carried out in a high quality manner. Angela received her Master of Science in Leadership, Policy, and Administration in Early Care and Education from Wheelock College in Boston, Massachusetts and her Bachelor of Science in Family Relations and Child Development from Oklahoma State University. Angela has worked in Head Start for over 18 years in several capacities including Teacher, Center Director, Education Coordinator, as well as the Director of an Early Head Start program. Angela brings a wealth of knowledge and rich experience to the field of Early Childhood Education focusing on comprehensive service delivery with expertise in systems development related to child assessment, individualization, and curriculum as well as ongoing monitoring.

Family Engagement - Early Education Starts with You!

Family Services

2:00 PM - 3:30 PM

Family Engagement-Early Education starts with you!

During this interactive Early Education Literacy and Language Development work session attendees will: Develop additional understanding about the necessity for Readiness.

Become acquainted with practical-research supported strategies for Language Development.

Broaden knowledge about techniques for teaching learners to listening and following directions.

Learn and practice critical thinking processes for Cognitive Growth

Gain a better understanding about the intentional teaching of Reading for Fun.

Create an action plan for the intentional teaching of Literacy; reading, thinking, writing, listening, and speaking.

Learn 'how to' strengthen Family Engagement partnerships-parents, families FAHTERS are the first teachers.

Audience: All

Level: All

Presenter(s):

Evelyn English

Evelyn English is a Literacy Mentor, Certified FDC Instructor and serves on the MHSA TTA Committee.

Maryland EXCELS

Head Start

2:00 PM - 3:30 PM

Maryland EXCELS is our state's revised Quality Rating and Improvement System (QRIS) for early childhood and school-age program. Maryland, along with over 30 other states, use QRIS to: recognize the accomplishments of early childhood educators and school-age child care professionals, increase program quality and positive outcomes for children, provide information to families choosing child care, and communicate to the public the importance of quality programs for children. Maryland EXCELS is open to all licensed and registered programs and providers and public prekindergarten programs. This workshop will present an overview of system and standards, the benefits of participation and the technical assistance and support available to programs that register to participate.

Audience: Teachers, Administrators, Head Start Professionals, Early Head Start Professionals, Child Care Providers, Policy Group/Board Members

Level: Beginner

Monday, May 5th

Presenter(s):

**Lindi Budd
Jena Smith**

Lindi Mitchell Budd is the Maryland EXCELS Branch Chief in the Division of Early Childhood Education at the Maryland State Department of Education. She holds a Masters Degree in Early Childhood Education from Towson University. Lindi has been a classroom teacher, special educator, trainer and administrator of early childhood and school-age programs for over 30 years.

Jena Smith is the Maryland EXCELS Quality Assurance Supervisor in the Division of Early Childhood Development at the Maryland State Department of Education. She holds an MA Degree in Education Administration from Manhattan College. Jena has been a classroom teacher, trainer, Head Start Director, and administrator in early childhood education for 18 years.

will explore what stress' us and how we can reduce the negative impacts of stress on ourselves and the children we care for.

Audience: All

Level: Beginner, Intermediate

Presenter(s):

Tresa Hanna

Tresa is currently working at MSDE, DECD, in the Collaboration and Program Improvement Branch. She has worked in all aspects of Child Care including 6 yrs as a Head Start Teacher and Family Service Worker.



Stress Management

**Health & Wellness
2:00 PM - 3:30 PM**

Stress is natural and can be inevitable. But stress can take a toll on your health and effectiveness as an early childhood educator or parent. It impacts the quality of care that you can give. When you are too stressed it is difficult to offer the praise, nurturance, and structure your children need. In this work shop we

Tuesday, May 6th

Asthma Friendly Child Care: Reduce the Sneezing, Wheezing, and Coughing at Your Site

Leadership & Administration 8:30 AM - 10:00 AM

Asthma is one of the most common chronic diseases of childhood with children under the age of 4 years most severely impacted. It results in many emergency department visits and hospitalizations. Asthma can be deadly if not properly managed, but, it can be controlled with proper diagnosis and asthma care. Children with well-controlled asthma should live normal, active lives.

As an important person in the life of a child, you can help by creating a safe and supportive asthma friendly environment. To help young children with asthma, Maryland Asthma Control Program has created the Asthma Friendly Child Care Program to encourage child care providers and Head Start leaders to create asthma friendly environments. An asthma friendly child care supports the health and early learning of young children through providing excellent asthma management, reducing environmental asthma triggers, and providing asthma education and awareness programs for children and staff. Chances for success are better when child care staff, community health care providers along with the children and parents/guardians all work together.

This workshop will allow participants to better understand asthma and how it affects young children in Maryland, what is an asthma friendly child care environment and how to apply for the Asthma Friendly Child Care designation. Maryland Headstart facilities are included in the Asthma Friendly Child Care program.

Presenter(s):

Rachel Hess-Mutinda

Ms. Hess-Mutinda is the Program Administrator for the Maryland Control Program of the MD Dept of Health and Mental Hygiene.

Strengthening Families Parent Cafes

Early Head Start 8:30 AM - 10:00 AM

An overview of Strengthening Families and the Protective Factors will be presented. A sample "mini" Parent Cafe will be presented for participants to experience and ask questions.

Presenter(s):

Faith Miller Nathalia Gordon

Faith has worked in Early Childhood programs as a teacher, education coordinator, and as a Federal Reviewer for Head Start. She has provided staff and parent training in education, program management and family and community partnerships.

Nathalia has 20+ years of experience in human services, early childhood education, adult education and community collaborations and has provided training in all of these programs. Currently, she is responsible for facilitating successful transition of children from community HUBs and early childhood setting to Head Start and schools within the community.

Tuesday, May 6th

Fatherhood Initiative: How to Engage Dads In and Out of Home

Family Services

8:30 AM - 10:00 AM

As one of the pioneers of the fatherhood curriculum, Mr. Peace and Love shares basic strategies to enhance communication, responsibility and higher levels of engagement for fathers in home, school and the community.

Presenter(s):

Darius Stanton

Darius Stanton is a 24 year seasoned presenter that uses an educational entertaining method to reach audiences. Mr. Peace & Love focuses on assets and solutions you can apply immediately.



A Simple Recipe for Success: Blending ERS & CLASS Key Ingredients to Quality Care

Head Start

8:30 AM - 10:00 AM

Participants will explore key concepts/ingredients and create a recipe to help them provide higher quality child care for infants through preschoolers.

Participants will explore strategies for improving the scores they receive on an Environment Rating Scale assessment (ITERS-R, ECERS-R, FCCERS-R) and Pre-K Classroom Assessment Scoring System assessment (Pre-K CLASS). Participants will develop strategies for implementing those key concepts/ingredients throughout their child care programs utilizing individualized Quality Improvement Plans.

Presenter(s):

Andrea Zabel

Andrea Abramson Zabel began her career in early childhood education in Pikesville and Washington D.C. She became an Assessor while living in Florida.

SPARK ABC's – Activity Break Choices

Health & Wellness

8:30 AM - 10:00 AM

SPARK ABC's – Activity Break Choices!

Don't miss this hands-on opportunity to engage preschoolers in physical activity outside of your daily scheduled movement time with activity breaks. Turn those fidgety moments into opportunities to integrate school readiness while moving. Learn how easy it is to teach preschoolers to enjoy moving throughout the day, while participating in fun and simple activities. Leave this session with your ABC's.

Workshop Objectives:

- Identify opportunities to incorporate movement in the day
- Participate in activities that integrate school readiness with movement
- Leave with ideas to increase physical activity throughout a preschooler's day
- Have fun!

Audience: Teachers, Administrators, Family Services Staff, Health/Nutrition Services Staff, Disabilities Staff, Pre-K Teachers Head Start Professionals, Child Care Providers

Level: Any

Tuesday, May 6th

Presenter(s):

Ellen Ormsby

Ellen Ormsby is the East Coast program representative for the SPARK Program. A national research-based organization that focuses on disseminating award-winning, evidence-based programs within four main content areas: Early Childhood (Ages 3-5), Physical Education (K-12), After School (Ages 5-14), and Coordinated School Health

Understanding Real Estate - Part 1

Professional & Personal Development
8:30 AM - 10:00 AM

The real estate market today, why it crashed, current opportunities, and the pros and cons of buying vs. renting a home.

This is part of the overall strategy of the Money Matters course from Monday that empowered you to be financially fit through better budgeting and understanding your credit report and scores. In this session we will help you understand the process, costs and benefits buying real estate and how it fits in your future financial health. We will cover the pros and cons of buying versus renting, the home buying process, understanding your needs versus wants, why buying versus renting could increase your net worth by tens of thousands of dollars each year, where to turn for free help if you are in trouble with your mortgage, and understanding the various terms such as short sale, deed in lieu and foreclosure.

Presenter(s):

Jim Harris

Director of Education, CCCS of MD and DE, Inc. Jim has completed multiple courses in employee management, marketing, motivation, planning, time management and contingency planning. In addition, he completed the Phil Crosby School of Quality Management as an instructor, completed management courses at the University Of Marquette School Of Business Management. He is currently a certified HUD instructor, certified credit counselor and a certified housing counselor and instructor, and Crown Ministry Leader and counselor. He is currently a published author, *Real People, Real Suffering, Real Victory*.



Tuesday, May 6th

Fiscal Roundtable

Leadership & Administration 10:30 AM - 12:00 PM

Participants will engage in shared learning exercises to enhance their understanding of how to apply the standards, regulations and principles of cost allocation, procurement, capital expenditures and inventory to their fiscal operations and assist them in examining their current policies and procedures to determine if any changes are necessary to strengthen their fiscal operations.

Information will be shared and clarification provided to support a rich interactive dialogue and a Fiscal Grant Cycle Timeline Chart will be used to frame a discussion of record-keeping and reporting requirements. Participants will have opportunities to extend their learning through peer to peer interactions and Q/A opportunities.

Presenter(s):

Dan Pe Sally Byard

Dan Pe has over twenty years of experience in financial audit and accounting as a Certified Public Accountant. He started his career as auditor at a Big 5 audit firm where he gained experience auditing for-profit organizations. After moving to Washington, D.C., and briefly working as auditor at one of the top 10 audit firms for non-profits, Dan developed a strong interest in the non-profit world, particularly Head Start. Dan's areas of Head Start expertise include Audits, Risk Assessment, Fiscal Compliance, Internal Controls, OMB Circulars, Head Start and other Federal Regulations, Grants Management and Monitoring, and Sub-recipient finance management and monitoring. He currently lives outside DC with his wife Susan. They have 2 children.

Sally Byard serves Head Start and Early Head Start programs as the Region III TTA Coordinator. She is employed by ICF International under the Region III OHS TTA Contract. She has more than 30 years of experience in the field of education, focusing primarily in early childhood. Her experience ranges from direct teaching at the elementary and preschool level to management and professional development. Her main areas of expertise are in early childhood development, curriculum design and

development, management systems, and program services. Ms. Byard has expertise in adult professional development, primarily in providing sustained ongoing developmental services to educators of young children as well as supporting management teams in leadership development and organizational capacity.



Understanding the Importance of Infant & Early Childhood Mental Health

Early Head Start 10:30 AM - 12:00 PM

This workshop will focus on the common and most promising elements in a range of evidence based practices designed to intervene to support very young children and caregivers within the scope of social and emotional growth and development. Our aim is to assist audience members in understanding the impact of caregivers well-being, family conflict, and stress on infants and children under the age of five, the correlation of this with other medical and behavioral problems for that child, and opportunities for those in a range of helping professions to assist very young children and caregivers to mend attachment and parenting relationships to serve as protective factors for these most vulnerable children.

Objectives:

1. Understand the impact of caregivers and adults on children's development, parenting and families
2. Describe important protective factors for children, parents and families
3. Outline strategies and resources to support resilience in children, parents and families in your programs

Tuesday, May 6th

Presenter(s):

Kate Wasserman
Jessica Lertora
Ederis Martinez

Kate Wasserman, LCSW-C, & Ederis Martinez, LGPC, are both clinical staff at the Center for Infant Study where they provide outpatient mental health treatment for young children under the age of six and their families with emotional and behavioral concerns due to maternal-infant attachment issues, intimate partner violence and other family traumas, and postpartum depression. As part of the senior staff, they also participate in trainings across the state for a range of trainees around trauma, early childhood development, attachment, parent-child interaction and other topics within the field of early childhood mental health.

Jessica Lertora holds an MSW from the University of Maryland School of Social Work and is currently licensed as an LCSW-C in the state of Maryland. Currently, Jessica is the Associate Director of the Taghi Modarressi Center for Infant Study at the University of Maryland School of Medicine in the Department of Child and Adolescent Psychiatry. Currently she provides therapy services to families with young children who have experienced trauma.

Parenting: “It Starts at Home”

Family Services
10:30 AM - 12:00 PM

It starts at Home is an educational entertaining workshop that focuses on creating an environment that will foster highly functional independent children. We will examine household behaviors that hinder and those that assist in creating solid discipline with lots of love and education.

Presenter(s):

Darius Stanton

Darius Stanton is a 24 year seasoned presenter that uses an educational entertaining method to reach audiences. Mr. Peace & Love focuses on assets and solutions you can apply immediately.

Observation Really is Easier with a Play Based Curriculum

Head Start
10:30 AM - 12:00 PM

This highly interactive and interesting session looks at designing inexpensive open-ended materials and experiences as a means of creating opportunities for children to explore and develop problem solving skills, risk-taking skills and higher order processing skills that are necessary for academic success. Through these experiences, teachers can easily collect vast amounts of authentic data that can not only help complete the assessment programs that are required but also give developmental information that will help to provide meaningful lesson plans. Participants will be able to play with and even create basic materials that can build creative thinkers. By the end of this session, participants should be able to:

1. Articulate the differences between child initiated, teacher initiated and teacher led activities,
2. Implement observation strategies during play based activities,
3. Complete assessment programs based upon authentic observation and
4. Creating open-ended materials to incorporate more authentic child inquiry experiences.

Presenter(s):

Amy Weaver

Amy Weaver is celebrating her 35 year working in and with early childhood programs. She is currently traveling around the country helping teachers create inspiring programs and environments that help young children find success as competent learners.



Tuesday, May 6th

Nutrition and Healthy Cooking

Health & Wellness
10:30 AM - 12:00 PM

The workshop will include a presentation on ways to adopt a healthy lifestyle. The presentation will address what a healthy plate looks like, how to read food labels, and how to incorporate exercise into your daily routine. The cooking demonstration will show participants how to prepare a healthy dish using produce that can be purchased at the grocery store or at the local farmers market. Participants will also have an opportunity to ask questions and sample the dish.

Presenter(s):

Kelly Wilson
Chef Gayle Owens

Kelly Wilson works with UnitedHealthcare Community Plan as a Community Development Specialist. Kelly has over 16 years experience in Medicaid and works with community based organizations to help improve the health of the overall health of the community.

Chef Gayle Owens is Executive Chef/Owner of Catering 2 you INC. Gayle has 12 years professional experience in the culinary arts and provides healthy cooking demonstrations and diabetes education workshops.

Real Estate Investing – Investigate before you invest

Professional & Personal Development
10:30 AM - 12:00 PM

In this session you will learn the pros and cons of investing in Real Estate.

We will discuss: Becoming a landlord- the opportunities and pitfalls of owning rentals

Investing in homes to rehab and resell for a profit- How to locate, analyze and how to avoid failure Understanding the opportunities to make 8 to 12% per annum return in Real Estate with minimal risk

Understand the scams and traps of the get rich quick workshops we hear about on the media.

Presenter(s):

Jim Harris

Director of Education, CCCS of MD and DE, Inc. Jim has completed multiple courses in employee management, marketing, motivation, planning, time management and contingency planning. In addition, he completed the Phil Crosby School of Quality Management as an instructor, completed management courses at the University Of Marquette School Of Business Management. He is currently a certified HUD instructor, certified credit counselor and a certified housing counselor and instructor, and Crown Ministry Leader and counselor. He is currently a published author, *Real People, Real Suffering, Real Victory*.

All Things ERSEA

Leadership & Administration
1:30 PM - 3:00 PM

This interactive session will invite participants to review ERSEA procedures and all recent changes in guidance as well as the performance standards and Head Start Act regulations. The workshop will discuss components of ERSEA policies and procedures and methods of staff training and monitoring to ensure accountability.

Presenter(s):

Carolyn Tyler

Carolyn M. Tyler, Region III Grantee Specialist possesses a Master's degree in Early Childhood Education and has over 20 years of experience as a school administrator. She served as the Head Start Director for Henrico County Public Schools for thirteen years and just recently served for ten years as the Director for Richmond Public Schools Early Head Start/Head Start Program. Additionally, she is a graduate of the Head Start Johnson & Johnson Management Fellows Program and just recently participated in the National Center on Program Management and Fiscal Operations New Director Coaching Initiative.

Tuesday, May 6th

Promoting Positive Parenting Among Latina Mothers in Home-based Early Head Start

Early Head Start
1:30 PM - 3:00 PM

The goal of this workshop is to explore how to promote positive parenting among Latina immigrant families experiencing multiple challenges. The presenters will present a model of a parenting intervention that targets families at risk – Attachment and Biobehavioral Catch-up (ABC). They will identify best practices in delivering home-based services that are culturally sensitive and that address parenting processes in low-income Latina families with young children. In an interactive way, the presenters and participants will discuss strategies to improve family engagement as well as to address challenges that Latina families face, such as immigration and acculturation, language and culture, housing, employment, and education. The presentation will conclude with a discussion of case scenarios and how to deal with different challenges when working with Latino families enrolled in home based programs.

Presenter(s):

Cindy Cruz
Elena B. Wright-Aguilar

Cindy Cruz, MSW, LGSW is employed by the University of Maryland School of Social Work in the Partners for Parenting (P4P) program. In this program, she serves as a parenting coach, who implements the Attachment and Biobehavioral Catch-up (ABC) intervention, developed by Dr. Mary Dozier, to Latino families enrolled in home-based Early Head Start. Prior to this position, she worked as a home visitor for an Early Head Start Program in Washington, DC for almost 3 years. Cindy has a Master's Degree in Social Work from the University of Maryland School of Social Work and she is a licensed social worker in the state of Maryland.

Elena B. Wright-Aguilar is also employed by the University of Maryland School of Social Work in the Partners for Parenting (P4P) program. Prior to this position, she worked for the Montgomery County Child Care Resource and Referral Services training infant and toddler child care providers. Elena recently began the Master's program in Social Work at the University of Maryland, School of Social Work.

Parent/Family Engagement with a Focus on Dads

Family Services
1:30 PM - 3:00 PM

This workshop will focus on strategies for engaging parents especially fathers and males supporting students in program by providing the group with time to share currently used techniques and a data collection to add new strategies for engagement. Programs should send their family and community engagement staff to begin the formulation on of an annual program schedule for engagement of families.

Presenter(s):

Beverly Brown
Katherine Van Horn
Romeo Adjam

Ms. Brown is a graduate of Trinity University in Washington. She has served as PFC Engagement Specialist with Montgomery County Head Start since 1989.

Katherine Van Horn has been a policy council member and volunteered in the program for several years. She continues to make significant contributions both in the central office and classroom.

Romeo Adjam is a new member of policy council but has come to the program on a mission. From the first meeting in his center he has confirmed his desire to increase the number of fathers participating in the program.



Tuesday, May 6th

Autism and Young Children: When to Worry and What to Do

Head Start

1:30 PM - 3:00 PM

In this workshop, participants will learn the basic characteristics of autism in young children. Participants will be able to identify "red flags" in a child's development that may suggest the presence of an autism spectrum disorder. They will learn how to explain and summarize their concerns in an effective manner to facilitate consultation by a mental health professional. Participants will receive a model form for documenting concerns and will practice how to fill out this form. Participants will have ample time to ask questions and discuss individual concerns.

Presenter(s):

Dr. Kimberley Watson
Dr. Jeffrey Seltzer

Dr. Kimberley Watson is a school psychologist with the Head Start and Prekindergarten Programs in Montgomery County Public Schools. She has been a psychologist for 28 years and she specializes in the assessment of young children.

Dr. Jeffrey Seltzer is a school psychologist and mental health coordinator with the Head Start and Prekindergarten Programs in Montgomery County Public Schools. He has been a psychologist for 32 years and specializes in the assessment of young children.

Better Smarter Sleep

Health & Wellness

1:30 PM - 3:00 PM

How would you like to knock out 50% of behavior challenges before they even begin? Did you know that proper sleep can accomplish exactly that? This class will explore research on the importance of sleep, how lack of sleep affects behavior and general functioning, sleep guidelines for children and adults, and tips and techniques for better, restful, and restorative sleep for all.

Presenter(s):

Maria Marinakas

Maria Marinakis provides training in a fun, entertaining, energetic, and practical format that is easy to understand and apply immediately. As a child & family therapist, child welfare worker, and early childhood mental health consultant, Ms Marinakis's career and life is devoted to developing great adult-child relationships.

www.10MinuteParenting.com

Getting the Job Interview: Resumes & Coverletters

Professional & Personal Development

1:30 PM - 3:00 PM

What is the purpose of a resume and cover letter? Some people erroneously think they get you a job. The truth is the purpose of a resume and cover letter is to get you the interview...by making a great first impression. This workshop will cover how to craft great resumes and cover letters that get you the interview and help you send the message that YOU are the person they need to hire.

This session will be interactive and participants will be tasked with developing resumes and cover letters in response to real job postings.

Audience: All

Level: Beginner, Intermediate

Presenter(s):

Nadine Owens Burton

Nadine Owens Burton is the founder and President of Owens Burton Consulting. She has been a Head Start Director, teacher and college admissions officer. She is the creator of The Power of C.A.R.E.™ and What Color Is Your Imagination?™, two quality improvement frameworks.

Tuesday, May 6th

What They Think You Do: Teacher's Messages to Administrators

Leadership & Administration
3:30 PM - 5:00 PM

This workshop discusses the messages that common administrator practices convey to the staff team. It addresses administrative “not so best practices” like scheduling professional development, but being too busy to attend while requiring staff to attend; the effects of actions like being in the office too much and not getting out to support staff; or not keeping up with requirements like lesson plans being due on Thursday, but not checking them until the following Monday; having a very messy office, but requiring staff to keep their rooms clean.

All of these things have implications when trying to build a strong ECE team, but sometimes it's hard to see the forest through the trees. Attendees will examine how to model those behaviors they wish to see by looking at their actions from the viewpoint of the classroom teacher.

Presenter(s):

Amy Weaver

Amy Weaver is celebrating her 35 year working in and with early childhood programs. She is currently traveling around the country helping teachers create inspiring programs and environments that help young children find success as competent learners.

Focus: Using the Infant Toddler Environmental Rating Scale to Monitor Quality Improvements

Early Head Start
3:30 PM - 5:00 PM

The Infant and Toddler Environmental Rating Scale uses 39 items to measure the quality of a I&T program. This workshop will introduce you to the scale, how it looks at quality and how each item is scored. We will explore ways you can use the scale to monitor and improve the overall care environment through building relationships, creating learning opportunities and keeping children safe and healthy.

Presenter(s):

Tresa Hanna

Tresa is currently working at MSDE, DECD, in the Collaboration and Program Improvement Branch. She has worked in all aspects of Child Care including 6 years as a Head Start Teacher and Family Service Worker.

Chaos to Calm in the Home (Specifically for Parents)

Family Services
3:30 PM - 5:00 PM

How would you like to knock out 80% of challenging behaviors in the home before they even begin? This course, based on the Pyramid Model, gives an overview on how to: build positive, healthy relationships; set up the classroom physical environment so children naturally follow directions; teach social-emotional and problem-solving skills that children can understand and implement.

Audience: Teachers, Parents, Child Care Providers, Pre-K Teachers, HS/EHS Staff



Tuesday, May 6th

Presenter(s):

Maria Marinakas

Maria Marinakis provides training in a fun, entertaining, energetic, and practical format that is easy to understand and apply immediately. As a child & family therapist, child welfare worker, and early childhood mental health consultant, Ms Marinakis's career and life is devoted to developing great adult-child relationships.

www.10MinuteParenting.com

Instructional Support: Community of Practice Roundtable

Head Start

3:30 PM - 5:00 PM

This interactive session will provide a format for Education Managers, Directors, and Head Start Teachers to discuss current Instructional Support (IS) practices in their classrooms and to pursue considerations for improved teacher-child interactions specific to this CLASS Domain. The purpose of this session is for participants to learn from one another and to share effective IS strategies as well as seek support through networking with peers. The session will be facilitated by ECE Specialists who will provide technical assistance in response to the group conversation as well as additional resources to enhance Instructional Support practices.

Presenter(s):

Liana Vega-Hernandez Angela Card

Liana Vega-Hernandez is an Early Childhood Education Specialist with the Maryland Head Start Training and Technical Assistance Center.

Angela Card, M.S. ECE, is the Maryland Head Start Training and Technical Assistance (MD HS T/TA) Center Manager and Early Childhood/Infant-Toddler Specialist. She supervises and supports the staff of the MD HS T/TA Center and works closely with many state ECE partners, such as the MD State Head Start Collaboration Office and the MD Head Start Association to ensure that all T/TA activities are carried out in a high quality manner.

Pilates Stretch

Health & Wellness

3:30 PM - 5:00 PM

The Pilates Stretch - Think of a tree, Pilates experts say. Does it have all of its strength in its limbs? No, the tree is only as strong as its trunk and roots. Without a strong trunk, the tree would topple over. It's the same for human bodies, say Pilates experts. If we don't concentrate on building a good foundation and a strong trunk/core, we can end up tight in some places and weak in others, injury-prone and susceptible to the pitfalls of our occupation/chosen form of exercise. Some principals of Pilates are: Centering, concentration, control, precision, breath, and flow. Some of the benefits include: Muscular/functional control, improving body alignment, core strength, posture, relieving back pain, injury prevention, improving flexibility, mobility, balance, mental focus and relaxation.

***Participants will be asked to sign a waiver upon entrance/prior to participation.*

***Please bring a mat and water.*

Audience: All

Level: Any

Presenter(s):

Michelle Cabral

Michelle Cabral is the owner of Michelle Cabral Zumba Fitness in Odenton, Maryland.



Tuesday, May 6th

Ready, Set-Sign Classroom Management the Fun Way! (Birth to 3 years)

Professional & Personal Development
3:30 PM - 5:00 PM

This presentation will discuss the educational advantages to teaching all children American Sign Language with a focus on creating an “inclusive” educational environment where children can learn, socialize and communicate. This presentation is literally “hands-on” and will have you out of your seats, signing, singing, dancing and playing games!

1. Sign language to get wiggles out (exercise to sign the fun way)
2. Alphabet signs using animals (ABC to animals)
3. Colors signs
4. Emotions signs
5. Greetings signs
6. Sign language transitional, functional and directional phrases in sign
7. Transition Songs and Signs (Clean up, Going Outside, Morning Routines)
8. Songs in sign
9. Stories in sign

Presenter(s):

Lillian Hubler

President and Founder of Time to Sign, Inc. Lillian is a dynamic speaker and presenter who has made Time to Sign the nation's foremost sign language trainer of early childhood educators – with 20,000 workshop attendees so far! She is known internationally for her educational presentations on how to use American Sign Language (ASL) as a communication bridge for early childhood, school-aged children, in the commercial and military environments.

Lillian is a talented linguist whose native language is Spanish. She is also fluent in English, French, Italian and German as well as American Sign Language (ASL).



Wednesday, May 7th

Staying Inspired for Optimum Productivity – Part 1

Leadership & Administration
8:30 AM - 10:00 AM

One of the greatest needs in the workforce today is inspiration. When employees are inspired, they are much more productive. A recent study showed that only 45 % of Americans liked their jobs. In this 90-minute workshop, Carlton Reed explores transformational keys to getting inspired, and staying inspired for maximum productivity. Some of the topics covered will include:

How to work effectively as a team
How to find the joy and fulfillment in your work
Effective strategies for dealing with changes in policy
How to deal with difficult and challenging personalities
Assertiveness skills
And much more!

Audience: All
Level: Any

Presenter(s):

Carlton Reed

Carlton Reed has been in the field of professional training and human development for over six years. He presents nationally and internationally to companies and organizations on a wide range of human resource topics. After fourteen years in the field of sales and customer service management, he embarked upon a career in professional training and motivational speaking. Carlton is a certified trainer with both Fred Pryor/CareerTrack Seminars, Inc. and National Seminars/Padgett Thompson Group, Inc., and has received numerous awards for his training excellence. Most recently, he has been both a keynote speaker and workshop presenter at 4 Head Start conferences in 2012. His list of clients include the City of Riverdale ; United States Marine Corps; U. S. National Security Agency; City of Tarpon Springs, Florida; University of Alabama; and The Washington Post just to name a few. Carlton is also a featured lecturer for Georgia State University's Success Academy. Recently, he authored the book, *Weapons of Mass Production*.

Reflective Practice, Self Awareness and Self Care

Early Head Start
8:30 AM - 10:00 AM

The session introduces participants to a layered approach to understanding the impact of reflective practice on children and families. The layered approach involves the supervisor providing reflective supervision for the home visitor, the home visitor providing opportunities for reflection for the parent, and the parent accurately reading and interpreting the child's signals. During the session, participants learn strategies for active listening to support reflective practice. Participants are introduced to the idea of self-awareness, specifically, the capacity to recognize one's own reactions, thoughts, and feelings when engaging others as an important part of being a home visitor.

Presenter(s):

Nancy Gradner

Nancy has worked with home visitors for over 20 years in public and private non-profit settings. She is a national trainer for Parents As Teachers.



Wednesday, May 7th

Don't Shoot the Messenger! How to Communicate Concerns to Parents

Family Services

8:30 AM - 10:00 AM

This class focuses on ways to develop positive relationships with parents and how to communicate potentially negative information in a way that it will be heard and well-received.

Audience: All Staff

Level: Any

Presenter(s):

Maria Marinakas

Maria Marinakis provides training in a fun, entertaining, energetic, and practical format that is easy to understand and apply immediately. As a child & family therapist, child welfare worker, and early childhood mental health consultant, Ms Marinakis's career and life is devoted to developing great adult-child relationships.

www.10MinuteParenting.com



Kindercise in Action: See It, Say It, Sign It, Sing It

Head Start

8:30 AM - 10:00 AM

The Kindercise program introduces original and highly effective movement and chanting activities and teaching strategies which aid in presenting and reinforcing designated skills and concepts such as color recognition, number acquisition, learning emotions, the senses, shapes, sequencing, social, spatial and environmental awareness; while fostering the self-esteem, engagement and joy of learning, necessary for future development. As a result of this training session, participants will:

- Be able to quickly evaluate group and individual dynamics
- Be able to integrate multiple elements in teaching concepts, which will include reading, singing, signing.
- Be able to model teaching concepts using rhythms and movement.
- Understand how to encourage children to form mental pictures, and to identify and understand the use of symbols.

Presenter(s):

John Taylor

Master Teaching Artist Wofltrap Institute
Certified by Teaching Artist Institute (TAI) a program of
Young Audiences & Maryland State Arts Council
Approved Early Childcare Trainer - MSDE
Director – International Movement Arts Institute
<http://www.kinderman.us>

Wednesday, May 7th

Character Development: Planting the Seeds – Part 1

**Health & Wellness
8:30 AM - 10:00 AM**

Planting the seeds is a “real come to your senses” kind of workshop. It confronts our common practices of manipulating children and buying their good behavior for the moment with little regard for the long term consequences for behavior. It is one of the presenter’s most popular workshops and really opens teachers’ eyes.

This workshop is rooted in the idea that you can buy good behavior (short term), but not good character. If we are focusing on long term success, than character development is the ultimate goal. It must be a part of the discussion. This workshop really takes a hard look at practices rooted in PBIS and behavior modification and what does that do to decision making in the long run. The presenter talks about how classroom curriculum and climate play a role in discipline and character development.

Presenter(s):

Amy Weaver

Amy Weaver is celebrating her 35th year working in and with early childhood programs. She is currently traveling around the country helping teachers create inspiring programs and environments that help young children find success as competent learners.

The George Washington Carver DISCO STEAM InVenTures - Part 1

**Professional & Personal Development
8:30 AM - 10:00 AM**

This workshop series, the George Washington Carver DISCO STEAM InVenTures,™ will introduce participants to a project approach for engaging parents with their children in integrated science, technology, engineering, art and math (STEAM) InVenTures/activities.

Participants will learn to use our DISCO (discover, investigate, simulate, and create opportunities) model to engage children in a hands-on approach to STEAM adventures and inventions (InVenTures).

In the spirit of George Washington Carver, this workshop series will engage participants in three DISCO STEAM InVenTures™.

Session 1 – iLIVE (Investigating Life In Various Environments). Participants will learn how to setup a four-seasons, biodiversity project that they can complete back home with their parents and children.

Session 2 – STEAM Literacy: Participants will be shown how to develop integrated science, technology, engineering, art and math (STEAM) lessons in every children’s story they use in their classes along with corresponding at-home activities for parents.

Session 3 – Teaching Children STEAM Concepts with Digital Photography: Bring your cell-phone camera to this session and go home with your first set of STEAM photographs to use with children and their parents. Participants will learn basic early learning concepts and techniques of using digital photographs with children. Participants must bring a cell-phone camera or stand-alone digital camera to this session.

Presenter(s):

Akil Rahim

Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM) education for their children. Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM)



Wednesday, May 7th

Staying Inspired for Optimum Productivity - Part 2

Leadership & Administration 10:30 AM - 12:00 PM

One of the greatest needs in the workforce today is inspiration. When employees are inspired, they are much more productive. A recent study showed that only 45 % of Americans liked their jobs. In this 90-minute workshop, Carlton Reed explores transformational keys to getting inspired, and staying inspired for maximum productivity. Some of the topics covered will include:

- How to work effectively as a team
- How to find the joy and fulfillment in your work
- Effective strategies for dealing with changes in policy
- How to deal with difficult and challenging personalities
- Assertiveness skills
- And much more!

Audience: All
Level: Any

Presenter(s):

Carlton Reed

Carlton Reed has been in the field of professional training and human development for over six years. He presents nationally and internationally to companies and organizations on a wide range of human resource topics. After fourteen years in the field of sales and customer service management, he embarked upon a career in professional training and motivational speaking. Carlton is a certified trainer with both Fred Pryor/CareerTrack Seminars, Inc. and National Seminars/Padgett Thompson Group, Inc., and has received numerous awards for his training excellence. Most recently, he has been both a keynote speaker and workshop presenter at 4 Head Start conferences in 2012. His list of clients include the City of Riverdale ; United States Marine Corps; U. S. National Security Agency; City of Tarpon Springs, Florida; University of Alabama; and The Washington Post just to name a few. Carlton is also a featured lecturer for Georgia State University's Success Academy. Recently, he authored the book, *Weapons of Mass Production*.



Sweet Dreams: How to Use Family Engagement and Curriculum to Support Healthy Sleep Behaviors

Early Head Start 10:30 AM - 12:00 PM

Most families struggle to instill healthy sleep patterns in their young children. Sleep problems can lead to significant social-emotional and developmental issues for children, as well as stress and exhaustion for family members. Head Start and Early Head Start programs have several tools that they can use to support families in building healthy sleep patterns in young children. This session will review ways programs can collaborate with families to identify and problem sleep problems as they arise. Regardless of whether families participate in home-based, center-based, or family child care settings, all programs can support children get the sleep they need for healthy development.

Audience: All
Level: Intermediate

Presenter(s):

Amanda Schwartz

Dr. Amanda Schwartz is a writer and trainer who has worked with Head Start programs to enhance disabilities, health, and education services using a strong systems approach and research-based practices. Dr. Schwartz supports programs at the national, regional, and local level.

Wednesday, May 7th

Parents' Role in School Readiness and the Data to Prove It

Family Services

10:30 AM - 12:00 PM

This highly interactive workshop will discuss ways to collect school readiness data from parents and how to use the data to improve outcomes for children and families, and for continuous program improvement. Specific strategies to be shared are: 1) school readiness questions on the Family Partnership Agreement and the related reports to document the data and 2) the use of a parent survey of school readiness activities in the home administered twice a year.

Audience: Family Services Staff, Parents, Head Start Professionals

Level: Beginner, Intermediate

Presenter(s):

Lisa Conlon
Jennifer Kotun
Esperanza Flores

Lisa Conlon holds a BA in Psychology (McGill University) and a Masters of Social Work (Catholic University). She has worked with Head Start families over 20 years, as a family service worker, social worker, and currently, social services specialist.

Jennifer Kotun has been a Family Service Worker since 2007. She holds a BS and a Human Resources Management Certificate from University of Maryland University College.

Esperanza Flores has been a Family Service Worker for 12 years. She is currently taking classes at Montgomery College in psychology and human studies.



Bollywood Dance for Tots

Head Start

10:30 AM - 12:00 PM

Come learn how to dance like a Bollywood movie star and bring these moves to your home or classroom! These dance movements provide Tots better motor coordination, focus and concentration, a better sense of rhythm and self confidence. They also learn math by forming rhythmic patterns and team work. It provides an early exposure to an art, different culture and physical fitness. It develops communication skills using hand gestures expressing meaning of the song. Bollywood is named after a Bombay industry that produces 500 musical movies every year, each movie has 4 - 5 melodious songs. Learn to dance while listening to the Oscar winning Sound track 'Jai Ho' from the movie Slumdog Millionaire and other current popular soundtracks.

Audience: All

Level: Any

Presenter(s):

Kumud Mather

Kumud Mathur is the Director of Dance to Health Society, Ms. Mathur is extensively trained in Indian classical and folk dances. She and her students have performed at the Smithsonian Institution, Asian Pacific American heritage events, and Yoga retreats in the Metro Washington region. Her dance class is being televised on ABC7, NBC4, and FOX5 TVs as a fun way to stay fit. She has been presenting workshops to stay in shape while learning an art to DC Libraries, Maryland University, Montgomery County schools and senior homes. Her students include toddlers to adults. She introduced Bollywood Dance for Tots five years ago, realizing that dance movements can immensely improve the early childhood development. She also teaches Laughter Fitness Yoga for brain enhancement and overall health. She is a practicing mathematician, worked with the US Army as a systems analyst.

Wednesday, May 7th

Character Development: Planting the Seeds - Part 2

**Health & Wellness
10:30 AM - 12:00 PM**

Planting the seeds is a “real come to your senses” kind of workshop. It confronts our common practices of manipulating children and buying their good behavior for the moment with little regard for the long term consequences for behavior. It is one of the presenter’s most popular workshops and really opens teachers’ eyes.

This workshop is rooted in the idea that you can buy good behavior (short term), but not good character. If we are focusing on long term success, than character development is the ultimate goal. It must be a part of the discussion. This workshop really takes a hard look at practices rooted in PBIS and behavior modification and what does that do to decision making in the long run. The presenter talks about how classroom curriculum and climate play a role in discipline and character development.

Presenter(s):

Amy Weaver

Amy Weaver is celebrating her 35th year working in and with early childhood programs. She is currently traveling around the country helping teachers create inspiring programs and environments that help young children find success as competent learners.



The George Washington Carver DISCO STEAM InVenTures - Part 2

**Professional & Personal Development
10:30 AM - 12:00 PM**

This workshop series, the George Washington Carver DISCO STEAM InVenTures,™ will introduce participants to a project approach for engaging parents with their children in integrated science, technology, engineering, art and math (STEAM) InVenTures/activities.

Participants will learn to use our DISCO (discover, investigate, simulate, and create opportunities) model to engage children in a hands-on approach to STEAM adventures and inventions (InVenTures).

Session 2 – STEAM Literacy: Participants will be shown how to develop integrated science, technology, engineering, art and math (STEAM) lessons in every children’s story they use in their classes along with corresponding at-home activities for parents.

Presenter(s):

Akil Rahim

Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM) education for their children. Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM)

Wednesday, May 7th

5 Transformational Strategies to Develop Result-Focused Teams

Leadership & Administration 2:30 PM - 4:00 PM

Everyone wants to feel that they are on a winning team, that the organization is moving in the right direction, and that they are an integral part of the team's success. Building the winning team requires more than just hiring a bunch of talented people. It requires a vision that people can rally around, measurable goals and a clear action plan so that everyone is moving in the same direction toward the desired outcome. Over the ninety minutes of the workshop, you will discuss 5 strategies to help you transform how you build your next team or make adjustments with your current team. These simple strategies, when implemented, create an environment to produce outstanding measurable results, increase morale and improve the bottom line for your organization. You will learn how to:

- ◆ Manage your time and increase productivity
- ◆ Decrease overwhelm when managing multiple projects
- ◆ Achieve goals faster and with greater return on your investment of time
- ◆ Keep your team focused on the end result and not get bogged down in just doing tasks

Presenter(s):

Dr. Michelle Dawson

Dr. Michelle Dawson is an Organizational Strategist with Catalyst Enterprise International .



It's Never Too Early To Read!

Early Head Start 2:30 PM - 4:00 PM

Adults begin teaching children language and literacy skills from conception. This session will help participants learn how they can support infant, toddler, and preschool language and literacy development in the home, family child care setting, the classroom, and in the community. Learn techniques on creating a language and literacy rich environment, integrate school readiness activities into lessons, and support families in enhancing their interactions with children.

Audience: All
Level: Beginner

Presenter(s):

Amanda Schwartz

Dr. Amanda Schwartz is a writer and trainer who has worked with Head Start programs to enhance disabilities, health, and education services using a strong systems approach and research-based practices. Dr. Schwartz supports programs at the national, regional, and local level.

Wednesday, May 7th

10-Minute Parenting/Teaching – Relationships are Everything

Family Services

2:30 PM - 4:00 PM

Relationship building is crucial to parenting and teaching success. Participants will learn: the essentials of child-directed play and how it assures positive behavior; how to integrate relationship-building activities throughout the day; ways to build up children's self-esteem, social skills, and confidence; tools and ideas to connect with children of all ages.

Audience: All

Level: Any

Presenter(s):

Maria Marinakas

Maria Marinakis provides training in a fun, entertaining, energetic, and practical format that is easy to understand and apply immediately. As a child & family therapist, child welfare worker, and early childhood mental health consultant, Ms Marinakis's career and life is devoted to developing great adult-child relationships.

www.10MinuteParenting.com

Wonderful, Whimsical Words: Promoting Rich Vocabulary in Head Start

Head Start

2:30 PM - 4:00 PM

The size of young children's vocabulary is a major predictor of their later educational success. Yet, it is a well-established fact that children living in poverty often enter school knowing far fewer words than their more affluent peers. This interactive session will explore ways that Head Start teachers can intentionally build children's language skills by exposing them to rich vocabulary. Participants will leave this workshop with effective strategies for building vocabulary through the use of extended conversations, vocabulary-rich environments, and interactive read alouds.

Presenter(s):

**Kathy Dodson
Louise Tolin
Maxine Coven**

Kathy Dodson is the education manager for the Montgomery county Head Start program. She has worked for Head Start for more than 30 years. Mrs. Dodson completed her undergraduate and graduate work in Early Childhood Education at the University of Maryland.

Louise Tolin is a Prekindergarten Instructional Specialist for the Montgomery County Public Schools Division of Early Childhood Programs and Services. Mrs. Tolin received her B.S. in Early Childhood from the University of Maryland, College Park and her M.S. in Elementary Education and Certification in Administration and Supervision from Johns Hopkins University.

Maxine Coven is an instructional specialist for the Montgomery County Public Schools Head Start program. She has been in Head Start for over 25 years. Previously, as an Early Reading First mentor, she trained staff in dialogic reading strategies.



Nutrition and Obesity Prevention

Health & Wellness

2:30 PM - 4:00 PM

This presentation focuses on the changes in American eating habits in the last 26 years. Practical solutions will be discussed in increase exercise and make better food choices.

Presenter(s):

Jennifer Mayer

Jennifer Mayer has worked as a Community Health Advocate with Priority Partners for over 5 years. Currently, Jennifer is attending Towson University for her Masters in Health Science.

Wednesday, May 7th

The George Washington Carver DISCO STEAM InVenTures - Part 3

Professional & Personal Development
2:30 PM - 4:00 PM

This workshop series, the George Washington Carver DISCO STEAM InVenTures,[™] will introduce participants to a project approach for engaging parents with their children in integrated science, technology, engineering, art and math (STEAM) InVenTures/activities.

Participants will learn to use our DISCO (discover, investigate, simulate, and create opportunities) model to engage children in a hands-on approach to STEAM adventures and inventions (InVenTures).

Session 3 – Teaching Children STEAM Concepts with Digital Photography: Bring your cell-phone camera to this session and go home with your first set of STEAM photographs to use with children and their parents. Participants will learn basic early learning concepts and techniques of using digital photographs with children. Participants must bring a cell-phone camera or stand-alone digital camera to this session.

Presenter(s):

Akil Rahim

Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM) education for their children. Akil Rahim is a learning design specialist focusing on parent engagement in integrated science, technology, engineering, art and math (STEAM)



Thursday, May 8th

How to Be a Better Boss

Leadership & Administration 8:30 AM - 10:00 AM

Being the boss can be a dream come true or a nightmare on Career Street. It's all about how you manage the opportunity, your team and yourself. During this workshop, we will highlight best practices for retaining, managing and motivating employees and team members. Participants will learn how to effectively:

- Manage their time;
- Use rewards to achieve consistent results;
- Play to their individual strengths;
- Inspire peak performance in each staff member; and
- Deal with difficult employees.

Presenter(s):

Tara Andrews

Tara is an attorney, certified coach and Owner & CEO of Joy Full Coaching, LLC, where she helps executives, teams and organizations pinpoint the destination with courage and clarity, overcome self-sabotaging behaviors, and fully become the person or movement they need to be to effectively execute the vision with precision and impact. In doing so, Tara draws on her own 12 year personal and professional journey from staff attorney with a local nonprofit to senior executive with a national organization to owner of her own business.

Jack's Brain, Jill's Brain: Gender Differences and Why They Matter

Early Head Start 8:30 AM - 10:00 AM

Did you ever know deep down that your girls and your boys learned differently? Are you frustrated with traditional limitations and constraints and yearn to teach each gender in the most effective way possible? This workshop introduces participants to the rapidly emerging research on how the brains of females and males are developmentally, structurally and functionally different. Based on these differences,

participants will learn academic approaches customized to the distinctly different learning styles of girls and boys.

Learning Objectives:

To introduce participants to the rapidly emerging research on how the brains of females and males are developmentally, structurally and functionally different. Participants will identify how the male brain is significantly different than the female brain during the many stages of childhood and adolescent development.

To acquaint participants with the practical application of this research to behavioral and emotional interventions provided to females and males by caretakers and educators, with specific focus on helping both sexes avoid high risk activities such as drug use, alcohol abuse and sexual activity.

Participants will learn and practice 6 techniques for helping children and adolescents avoid high risk behavior using methods customized for each sex.

To expose participants to the growing body of resources on brain-compatible counseling, guidance, mentoring and parenting techniques including books, newsletters, websites, conferences and workshops. Participants will be able to locate brain-based resources in their community and via the web.

Presenter(s):

Tracy Driscoll

Tracy Driscoll, LCSW-C, has been a presenter for The Upside Down Organization for the past five years. She earned her Bachelor of Arts Degree from McDaniel College majoring in Social Work with a minor in both Sociology and Cross Cultural Studies. Tracy obtained her Master's Degree from the University of Maryland, Baltimore School of Social Work majoring in Clinical Social Work and specializing in work with children and families.

She has been practicing in the field of social work for the past ten years working with various populations. Her experiences include working with children and adolescences in the school setting, therapeutic foster care and residential treatment centers. She has served children with special needs, and worked with the elderly. Outside of her work, Tracy's real passion is for traveling and volunteering, and spending time with her family.

Thursday, May 8th

Finances for the Whole Family

Family Services

8:30 AM - 10:00 AM

Learning Objectives: Participants will learn effective ways to teach the whole family about managing finances including understanding how we make financial decisions; setting financial goals; creating and maintaining a Spending Plan; and tips on increasing savings.

Audience: All

Level: Any

Presenter(s):

Sue Rogan

Sue R. Rogan, AFC, has more than 20 years experience in training, communications, and outreach on consumer protection topics. As Director of Financial Education at Maryland CASH Campaign, Ms. Rogan creates and provides practitioner training and financial education curriculum development for a wide range of constituencies including counselors on military bases, social workers in child welfare agencies, financial institutions, and community-based organizations. Ms. Rogan also provides direct financial education and coaching to clients in substance abuse recovery programs, domestic violence shelters, community colleges, and other community-based settings. She obtained a Bachelor of Arts degree in Political Science from University of Maryland Baltimore County.

It's Science, But It's Not Rocket Science!: Bringing Science to Life for Preschool Age Children

Head Start

8:30 AM - 10:00 AM

In this interactive workshop, participants will learn effective methods for bringing appropriate and lively science activities into the preschool classroom. Registrants will participate in hands-on lessons and learn the planning process for creating hands-on science activities. Strategies for integrating literature and art into the lesson will be discussed. Participants will leave with lessons to use with preschool children

and an improved ability to plan effective lessons in science.

Presenter(s):

Krystal Spears

Krystal Spears is the owner and Director of Scribbles & Works, LLC, a science based preschool workshop company that combines science and art into one curriculum. She is also a Head Start teacher, has been a college instructor, and the Director of Early Childhood programs at the college level.



Fostering Healthy Child Development/Preventing Child Sexual Abuse

Health & Wellness

8:30 AM - 10:00 AM

Participants will learn specifics about child sexual abuse, identification and strategies for preventing it and supporting healthy development. Strategies for communication and how to respond to children's sexual behaviors based on knowledge about sexual development and an assessment of the context of the behavior will be shared.

Presenter(s):

Joan Stine

Colleen Wilburn

Joan Stine has been with Family Tree since April 2011. She holds a BA in Health Science from Towson State University; a MS in Mental Health Education from Johns Hopkins University Bloomberg School of Public Health and a MS in Counseling and Human Services degree from Johns Hopkins University Division of Education.

Colleen Wilburn is the Manager, Family Guidance and In Home Services at the Family Tree Inc.

Thursday, May 8th

Asthma 101 - How You Can Take Charge

Professional & Personal Development

8:30 AM - 10:00 AM

This workshop will provide participants with knowledge about asthma and ways that it can be managed by parents, caregivers, and others. Attendees will learn what asthma looks like, common asthma triggers, and what parents and providers can do to reduce these triggers. Identification of asthma symptoms will be covered, as well as how to identify and handle an asthma emergency. Asthma medications, asthma action plans, and devices used in asthma management will also be shared and reviewed. As a result of this training, participants will be able to:

1. Understand what happens during an asthma episode
2. Identify asthma symptoms
3. Distinguish between controller and relief medications
4. Identify common asthma triggers
5. Understand how to decrease or manage asthma triggers

Presenter(s):

Margret Schnitzer

Ms. Schnitzer has been providing information and education about asthma for the past 5 years. She is currently managing Baltimore City Health Department's asthma home visiting program, and has more than 10 years experience in public health.



Resources and Tools for Health Services in Head Start

Leadership & Administration

10:30 AM - 12:00 PM

This informational session will provide participants with a deeper understanding of the wide array of resources available from The National Center on Health. The workshop will cover topics that are considered areas of emphasis and need for Head Start programs, families, children, and community partners, as directed by the Office of Head Start.

Presenter(s):

Charlene Muhammad

Charlene Muhammad, M.S., R.D., is a Grantee Specialist for Head Start Region III Training and Technical Assistance Team. She has more than 20 years of experience in Head Start/Early Head Start, including serving as Head Start director for two delegate agencies in Baltimore, Maryland; and as Early Head Start manager and director for three programs in the Washington, DC, metropolitan area. Ms. Muhammad received her Bachelor of Science Degree in Organizational Development from Cornell University and has a Master of Science degree focusing on nutrition and health. Ms. Muhammad is a Registered Dietitian with the State of Maryland.

Thursday, May 8th

Reflective Curriculum Planning for Infants and Toddlers

Early Head Start

10:30 AM - 12:00 PM

This session explores how caregivers of infants and toddlers can encourage their natural curiosity and plan learning experiences that will support a strong foundation for school readiness. Participants will engage in shared learning experiences that observe and reflect on video examples of infant and toddler play and interactions. We will discuss how caregiver observations provide a frame for understanding young children's developmental strengths, interests, and needs, which is the foundation for planning curriculum, ongoing assessment, and family engagement. This workshop is best suited for Infant-Toddler/Early Head Start teachers, Home Visitors, Education Managers, Mentor Coaches, as well as those who directly supervise classroom teachers/Home Visitors.

Audience: Infant-Toddler/Early Head Start teachers, Home Visitors, Education Managers, Mentor Coaches, Supervisors.

Presenter(s):

Angela Card

Angela Card, M.S. ECE, is the Maryland Head Start Training and Technical Assistance (MD HS T/TA) Center Manager and Early Childhood/Infant-Toddler Specialist. She supervises and supports the staff of the MD HS T/TA Center and works closely with many state ECE partners, such as the MD State Head Start Collaboration Office and the MD Head Start Association to ensure that all T/TA activities are carried out in a high quality manner.



Measuring What Matters: Using Data to Support Family Progress

Family Services

10:30 AM - 12:00 PM

As programs build continuous learning and improvement into everyday operations, HS/EHS staffs are working strategically to measure progress on family outcomes. To make the most of their efforts, staff needs to know how to use data to answer important questions. The National Center on Parent, Family, and Community Engagement (NCPFCE) has developed a resource called Measuring What Matters: Using Data to Support Family Progress. In this session, participants will explore this resource and discover how it can support HS/EHS programs to use data to engage families and support family progress toward the OHS Parent, Family, and Community Engagement (PFCE) Framework Family Outcomes. This workshop is best suited for Family Advocates/Family Service Workers, Home Visitors, Family Services Managers, Data Managers, and Directors.

Audience: Family Advocates/Family Service Workers, Home Visitors, Family Services Managers, Data Managers, and Directors

Thursday, May 8th

Presenter(s):

Liana Vega-Hernandez

Liana Vega-Hernandez is an Early Childhood Education Specialist with the Maryland Head Start Training and Technical Assistance Center. She has a Master of Science in Early Childhood Education from Barry University in Miami, Florida. She started in the early childhood education field as an educator in the public school system. As a bilingual educator she has worked with diverse populations and dual language learners in urban and rural areas. Liana was a mentor for the Early Reading First grant to improve language and literacy development. She has experience participating in quality improvement rating systems (QRIS) for early childhood education programs as an assessor and as a mentor for center management and classroom staff to improve overall program quality and students' outcomes. Liana has worked with home visiting programs supervising family service workers to ensure positive child development and helping parents to improve their parenting skills and preventing child abuse.

He's So Smart but...Why Executive Function Skills Are as important as Reading or Math

Head Start

10:30 AM - 12:00 PM

Research shows that skills such as persistence, self-control and memory are critical to school success. In this session participants will develop a better understanding of the connection between executive function skills and approaches to learning, and why the way children learn is as important for school readiness as what they learn. Participants will have an opportunity to test their own EF skills with fun, interactive games and then learn strategies for how teachers can support the development these skills in preschool children.

Presenter(s):

Christine Anderson

Christine Anderson is the Region III Early Childhood Education Manager with ICF International and provides training and technical assistance to Head Start and Early Head Start programs in Delaware. She joined Region III in

July 2012, after serving as the North Carolina Early Childhood Education State Center Manager in Region IV since 2010. Christine began her work with Head Start as a college intern and has held positions in field of early childhood and family support services in Delaware, Maryland, and North Carolina. She holds a Master of Science in Human Development and Family Studies, with a concentration in Early Childhood Development and Inclusive Education, from the University of Delaware.



Zumba Fitness

Health & Wellness

10:30 AM - 12:00 PM

The Zumba Fitness Class demonstrates all that the program is about. A global lifestyle brand that fuses fitness, entertainment and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are "fitness-parties" featuring exotic rhythms set to high-energy Latin and international beats with easy-to-follow choreography, for a total-body workout that feels like a celebration. Lose yourself in the music and find yourself feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! You'll be getting fit and your energy levels will be soaring. It's easy, effective and totally exhilarating. Bring water, wear comfortable attire or Zumba wear if you have it, and comfortable tennis shoes. **Since the hotel conference rooms normally have carpet you may wish to bring carpet gliders for your tennis shoes. **Participants will also be asked to sign a waiver upon entrance/prior to participation.

Audience: All

Level: Any

Presenter(s):

Michelle Cabral

Michelle Cabral is the owner of Michelle Cabral Zumba Fitness in Odenton, Maryland.

Thursday, May 8th

Be an Oral Health Champion!

Professional & Personal Development

10:30 AM - 12:00 PM

"You can make a difference in children's lives—now and in the future"

1. Teach children to eat healthy foods...low in sugar and low in frequency.
2. Drink plenty of water in between meals.
3. Tooth decay can be passed from person to person.
4. Reward children with stickers...not candy.
5. Be a good role model
6. Brush at classroom table twice a day with fluoride toothpaste.

Includes Power point presentation with posters and pamphlets from the National Maternal and Child Oral Health Resource Center.

Presenter(s):

Jane Casper
Judith Gaston
Christine Leo

Jane Casper, RDH, MA, is a Clinical Dental Public Health Specialist with the Office of Oral Health, DHMH

Judy Gaston, RN, MS, Coordinator, Eastern Shore Oral Health Education and Outreach Program, Office of Oral Health, DHMH

Christine Leo, Dental Health Education Specialist, is Director of the Eastern Shore Oral Health Education and Outreach Program (ESOHE & OP). Ms. Leo is a licensed dental hygienist and has worked in both clinical and public health settings for 30 years. She has cultivated affiliations with a number of community agencies and in her current position her attentions are in Dorchester, Wicomico, Worcester, and Somerset Counties. She provides 1) dental screenings, dental health education for clients of the Head Start Centers, Judy Centers and School Wellness Centers, 2) administers fluoride mouth rinse programs, and 3) disseminates dental health information and other useful educational materials. She is excited about the prospects of new collaborations and challenges. If you need help promoting oral health or have any questions do not hesitate to contact Ms. Leo.





Reserve Your Hotel Room Today

The Conference Hotel is
The Sheraton Baltimore North

**Room Block Deadline:
Monday, April 14, 2014**

903 Dulaney Valley Road
Towson, Maryland 21204

Room Rate - \$112⁰⁰

(410) 321-7400
1 (888) 627-7147

www.sheratonbaltimorenorth.com

Overnight Accommodations

The 2014 Maryland Head Start Association Spring Training Conference will be held at the Sheraton Baltimore North Hotel, in Towson, Maryland.



Sheraton Baltimore North Hotel

903 Dulaney Valley Road
Towson, MD, 21204
(410) 321-7400
(410) 296-9534
Sheraton.com/Baltimore

A personalized web site for the MHSA Spring Training Conference (May 4, 2014 - May 8, 2014) has been created for us. Guests can access the site to learn more about the event and to book, modify, or cancel a reservation from now until May, 2014.

Please use this link to access the personalized reservations website:

<https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1310098208&key=B193F>

Enjoy complimentary access to the fitness center and indoor pool. The hotel offers on-site dining in its restaurant which serves all three daily meals. The hotel also offers in room dining and high speed wireless connectivity. Other amenities include the Sheraton Sweet SleeperSM bedding package and Shine by Bliss bath toiletries.

Local Shopping and Restaurants

The Hotel has a walkway bridge to the Towson Center Mall to avoid walking across traffic. The Center has many shops and restaurants.

Room Rate

A block of rooms has been reserved for May 4 – May 8, 2014. The special room rate of \$112 + taxes will be available until April 12, 2014 or until the hotel has sold out, whichever comes first. After April 12, the hotel may still honor the \$112 rate, but they will release any unreserved rooms in the block to the general public.

Please be sure to indicate you are part of the **MHSA group** when making your reservation over the phone.



Parking

The parking lot adjacent to the hotel is a Pay to Park lot. However, we have made arrangements with the hotel for parking to be validated for Conference attendees. You will receive instructions for validating at the Registration Check-in table at the Conference. When parking, be aware of special spaces with limited parking times.

Driving Directions

From **I-95** Take I-95 to I-695 (Baltimore Beltway) and head west to Towson. Take Exit 27A (Dulaney Valley Road). Take the second left onto Southerly Road and proceed to hotel.

From **WEST** Take I-695 East (heading toward Towson). Take Exit 27A Take Exit 27A (Dulaney Valley Road). Take the second left onto Southerly Road and proceed to hotel.

Conference Registration Fees

Full Registration

The Full Registration fee includes (1) all regular workshop sessions and (2) the Pre-Conference Workshop Session on Monday, May 5th from 9:00 AM to 12:00 Noon, as well as (3) all conference meals (continental breakfast each day and three luncheons, Mon, Tues & Wed) during the regular portions of the MHSA Spring Training Conference (Monday, May 5th through Thursday May 8th).

Rates are based on time of receipt of registration. These deadline dates are applicable to the Daily Registration Rate below as well :

Early Registration	Received by March 10, 2014	\$299.00
Registration	Received by April 14, 2014	\$349.00
Late Registration	Received by April 28, 2014	\$399.00
Walk-in Full Registration		\$449.00 <i>(business checks or CC payment only)</i>

Daily Registration

Participants who cannot attend the full conference schedule may choose one or more individual days of the conference to customize their experience. The Monday registration includes the Pre-Conf workshop, the Opening Plenary Luncheon and the afternoon workshop.

MONDAY*

Early Registration	\$89
Regular Registration	\$99
Late Registration	\$109
Walk-in Registration	\$119

WEDNESDAY*

Early Registration	\$109
Regular Registration	\$119
Late Registration	\$129
Walk-in Registration	\$139

TUESDAY*

Early Registration	\$109
Regular Registration	\$119
Late Registration	\$129
Walk-in Registration	\$139

THURSDAY

Early Registration	\$69
Regular Registration	\$79
Late Registration	\$89
Walk-in Registration	\$99

* Indicates this conference day includes a luncheon. Thursday is a half day and does not include a lunch.

Head Start Parents of the Year Awards Luncheon – Wednesday, May 7, 2014 (single tickets)

Purchased by March 10, 2014	\$55.00
Purchased by April 14, 2014	\$65.00
Purchased by April 28, 2014	\$75.00

MHSA General Meeting on Monday, May 5th at 4:00 in the Afternoon

All interested parties may attend the General Meeting. You *do not* have to be registered for the Conference to attend.

We do ask that you inform the Acting Executive Director that you plan to attend the meeting to facilitate an accurate number of handouts. A link to sign up for the meeting will be furnished on the MHSA website and distributed among the MHSA Community in April.

Special Volume Discount Rates for MHSA Member Programs

Buy 3 or More Discount – MHSA Member Programs who purchase three (3) or more Full Registrations receive the \$299 per person rate up to **April 14th**. This gives member programs additional time to receive the Early Registration Rate, if they purchase multiple registrations. Registration fees must be paid in full and with an agency check (non P.O. or Credit Card purchases) by the deadline of April 14th to receive this discount.

Volume Discount – MHSA Member Programs who purchase nine (9) Full Registrations get the 10th one FREE. This discount expires at the end of Late Registration on **April 28th**. **All rate adjustments based on time of registration still apply.**
Register during the Early Registration period to optimize your savings. Programs must pay by check to receive this discount

Registration Options

You may register by mail or online; with check or by credit card.

Register online with a credit card through the MHSA store of the Square Marketplace at:
<https://squareup.com/market/maryland-head-start-association>

Registering for Individual Workshops

You may preselect your individual workshops once you register for the Conference by clicking to the SurveyMonkey Link:
https://www.surveymonkey.com/s/MHSA_2014_SpringConf_WorkshopPreSelection

Workshops capacities may be limited. Workshops that reach capacity will be filled based on when the workshop was selected and whether the registration fee has been paid.

Transfer and Refund Policy

Registrations are transferrable. Any transfer of registration(s) must be made in writing by email or fax.

For a refund of registration fees, notification of any cancellation must be received in writing (via mail, fax or email) by **April 28, 2014**. We will **not** accept any telephone calls for transfers or refunds. A \$25 administrative fee will apply for any refunds and will be deducted from the refund amount. Refund checks will not be issued until after the conference. Credit card refunds will be processed within three to five business days of the request.

Your Winter Savings Are Here!



Head Starts save 20% on all orders over \$400 until March 31st.

FREE Shipping over \$79!**

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*Key code NEWHS required at time of order to receive this special offer. Minimum product order of \$400 is required for discount. Certain items are not eligible for this discount and cannot be used to reach the \$400 amount.
**Shipping is free on stock merchandise for orders over \$79; does not include tax or shipping. Items that have a truck symbol in the description cannot be used to reach the \$79 level and do not qualify for free shipping. Shipping is from March 4 orders going to one location within the 48 contiguous United States. Not valid with any other discounts, offers or promotions. Offer expires 3/31/2014.



“Be prepared for a roller coaster ride with me...climbing uphill with knowledge-based work and rolling downhill into playful and fun activities that help you apply and retain what you have learned .”

i n t e r a c t | e n t e r t a i n | e n e r g i z e



From the Hawaiian Islands to Seoul Korea, Candy Whirley is famous for her high energy enthusiasm, innovative training activities, and contagious sense of humor. She is a dynamic speaker dedicated to sharing over 25 years of her expertise to help professionals improve their job performance and achieve their personal goals. Candy is most known for her interactive keynotes and breakout sessions, whether the request is team building, relationships or leadership skills, her clients know the audiences will be interactive, energized and entertained!

SHE'S EXPERIENCED

Candy brings 'real world' experience from many industries including: training, retail, customer service (certified by International Customer Service Association - ICSA), restaurant, entertainment, management, youth ministry and business owner.

SHE'S INVOLVED

Candy is involved with the National Speakers Association, she is a former member of the Board of Directors and was the 2007-08 President of the Kansas City Chapter of the National Speakers Association.

SHE'S SMART

Graduated Cum Laude from Missouri Western State University with a B.S. Degree in Speech Communications, and Human Relations Emphasis, and has earned her Masters in Management at the University of Phoenix.

SHE'S AN ENTERTAINER

You may recognize Candy, she is a former Kansas City Chiefs Chiefette, performed at Starlight Theater in Kansas City, and modeled for the Kansas City Star Magazine.

SHE'S AN AUTHOR

Candy's products include: her newest book, It Takes 4 To Tango, and LIVE audio and DVD of It Takes 4 To Tango, her co-authored books, Bridging the Gap DVD and Emotional Intelligence DVD. Ordinary Women...Extraordinary Success, and Magnetic Leadership, Interactive Training Games developed by popular demand from trainers and managers around the country; and My Secret Island Oasis, a guided meditation CD to eliminate stress and find peace in just 20 minutes.

How is Candy different from other trainers?

1. Candy takes a genuine interest in people from every level in the organization. She connects with them on a personal level and wants to help them achieve excellence.
2. Candy takes the term dynamic to the next level. Her high energy and enthusiasm are uplifting. There is nothing canned about her presentations. She customizes every session to the client and adjusts on the fly to meet audience needs.
3. Her innovative lessons and activities are designed to engage the audience, enhance the learning process, and improve retention. Candy inspires the audience to internalize concepts and take that learning forward in their daily lives.

Candy Whirley....

**Learning Can Be Sweet
at your next event!**

Phone: 816-304-9933
Email: cwhirley@kc.rr.com
Web-site: www.candywhirley.com

A Few of Candy's Clients include:

Million Dollar Round Table, Bayer Health Care, Turner Broadcasting Systems, General Electric, Hallmark Cards, SHRM Conferences across the country, SHRM National, Project Management International Associations across the country, American Century Investments, Credit Unions across the country, Kansas City Society of Association Executives, Johns Hopkins Medical Center, Meeting Planners International, U.S. Army, Federal Aviation Administration, Family Guardian Insurance Company Bahamas, Midwest Speakers Bureau, Nationally Speaking Speakers Bureau and Alexander Van Buren Speakers Bureau.





FORMS

The following forms are for informational purposes only.

Please download the fill-able pdf forms you may need from the MHSA Website.

Thank you.



2014 Spring Conference May 5th – 18th at the Sheraton Baltimore North, Towson, Maryland

Registration Form

Attendee Information

Name* _____ Company/Agency* _____

Title* _____ (Staff Title, Parent, Policy Council, Board Member, etc.)

Street Address (of Agency/Program)* _____

City* _____ State* _____ Zip* _____

Phone* _____ Fax _____ E-mail* _____ (needed to confirm registration)

Is this registration one of a group from your Agency? YES _____ NO _____ How many in group? _____

*These answers are required.

Registration Fee Schedule

	Full Conference Registration	One Day Registration				Parents of the Year Awards Banquet Luncheon Ticket
		MONDAY*	TUESDAY*	WEDNESDAY*	THURSDAY	
Early Registration Received by March 10, 2014	\$299	\$89	\$109	\$109	\$69	\$55
Registration Received by April 14, 2014	\$349	\$99	\$119	\$119	\$79	\$65
Late Registration Received by April 28, 2014	\$399	\$109	\$129	\$129	\$89	\$75

Full Conference or Monday registration includes (1) one Pre-Conference Workshop.

* These conference dates include a luncheon

Registration Fee Calculator

Full Registration _____

One Day Registration(s)

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Parent of the Year Banquet Ticket Only _____

TOTAL DUE _____

METHOD OF PAYMENT : Credit Card Check # _____

Amount of Check if covering multiple registrations _____

Registrations may be made online in MHS A section of the Square Marketplace.

Mailed Registration(s) must be accompanied by check made payable to the Maryland Head Start Association.

Send Forms and Payment To :

Maryland Head Start Association
c/o Owens Burton Consulting
P.O. Box 53
Middletown, DE 19709

Registration forms will not be processed until all information and payment is received.
Registrants will receive instructions by email on selecting their individual workshops once forms have been processed.
Use one (1) registration form per attendee.



2014 Spring Conference May 5th – 8th

Maryland Head Start Association

Head Start Star Achievement Award

Nomination Form

Please complete the information requested below and submit the form and other required information to MHS A via mail or email by **March 31, 2014**.

Date you completed this form: _____

Award Nominee: _____
Please check the spelling of the name before submitting this form.

Name of Their Current HS Employer: _____
Please type the Full Name of the Agency – No abbreviations please.

Current Title* _____

Street Address* _____

City, State, Zip* _____

Phone* _____ E-mail* _____

Name of Nominator submitting this form: _____

Company* _____ Title _____

Street Address* _____

City, State, Zip* _____

Phone* _____ E-mail* _____

Each nomination should be supported by a (1) completed nomination form and at least (2) two letters of recommendation that speak to the Nominee's distinction in service to Head Start. You may have up to three letters.

Authors of Letters of Recommendation:

Name _____ Name _____ Name _____

Head Start Star Award – Nomination Form – Page 2

Award Nominee: _____
Please check the spelling of the name before submitting this form.

Name of Their Current HS Employer: _____
Please type the Full Name of the Agency – No abbreviations please.

Please cite the outstanding work and/or major accomplishment in **300 words** or less about your Nominee. (Please be creative and specific in your description. This information may be included in the conference booklet and/or used during the awards presentation.)

The nomination packet must be postmarked by **March 31, 2014** to be considered.



Mail nomination packets to: **MHSA Lifetime Achievement Award**
c/o OBC
P.O. Box 53
Middletown, DE 19709



Email nomination packets to: execdir@md-hsa.org

See the MHSA website for more information and answers to questions about the process and selection criteria.

Vendor Application

Exhibitor Information

Company* _____

Contact Person* _____ Title _____

On-Site Person(s)* _____

Street Address* _____

City, State, Zip* _____

Phone* _____ Fax _____

E-mail* _____ Website _____

What primary product or service will you exhibit at the conference?*

*These answers are required.

Advertising

A ¼ Page Ad is included in the price of a vendor table.
 Upgrade to larger sizes at a \$75 discount off the regular ad fees.

Ad material must be submitted electronically as a high-resolution PDF or jpeg only.

Priority Deadline: March 28, 2014 -- To ensure Ad is placed in Conference Booklet

Vendor Fee

Table \$250 _____

Table with Electric \$300 _____

Advertising Fee

¼ Page (FREE) _____

½ Page (Add \$50) _____

Full Page (Add \$150) _____

PAYMENT

Vendor Fee _____

Advertising Fee _____

Total Due _____

Application must be accompanied by check made payable to the **Maryland Head Start Association**. Contact us to pay by Visa or Mastercard. There will no refunds issued in the event of vendor cancellation.

Send to: MHS A
c/o Owens Burton Consulting
P.O. Box 53
Middletown, DE 19709

Payment by:

Check # _____ OR

Visa Master card

Card holder name: _____ Exp. Date: _____ 3-digit security code: _____

Card holder signature: _____ Date: _____

You may also make payment via the Registration Site through the MHS A Store of the Square Marketplace. See the MHS A website for more information.

Need More Information? Contact us via email at info@md-hsa.org

Applications will not be processed until all information and payment is received.



2014 Spring Conference May 5th – 8th at the Sheraton Baltimore North Hotel in Towson, MD

Advertiser Information

Company* _____

Contact Person* _____ Title _____

Street Address* _____

City, State, Zip* _____

Phone _____ Fax _____

E-mail* _____ Website _____

What primary product or service will you advertise?*

*These answers are required.

Ad material must be submitted electronically as a high-resolution PDF or jpeg only.

Priority Deadlines:

Friday, January 31, 2014 – Two Books For The Price Of One!

Pay for ad by **January 31st** and it will be place in the Registration Booklet AND the Conference Booklet. *(Note: Outside Back Cover is Conference Booklet Only)*

Friday, March 28, 2014 -- Deadline for inclusion in the Conference Booklet only

Advertising Fees

Black & White Ads

Business Card	(\$25)	_____
¼ Page	(\$75)	_____
½ Page	(\$125)	_____
Full Page	(\$250)	_____

Premium Full Page Color Ads

Inside Back Cover	(\$500)	_____
Inside Front Cover	(\$500)	_____
Outside Back Cover	(\$500)	_____

(Conference booklet only)

PLEASE NOTE THAT WE RESERVE THE RIGHT TO REFUSE ANY ADVERTISEMENT THAT IS NOT COMPATIBLE WITH THE MISSION OF MHS A

PAYMENT

Total Due _____

Ad must be accompanied by check made payable to the Maryland Head Start Association. Contact us to pay by Visa or MasterCard. There will be no refunds issued in the event of advertiser cancellation.

**Send to: MHS A
c/o Owens Burton Consulting
P.O. Box 53
Middletown, DE 19709**

Payment by:

Check # _____ OR

Visa Master card

Card holder name: _____ Exp. Date: _____ 3-digit security code: _____

Card holder signature: _____ Date: _____

You may also make payment via the Registration Site through the MHS A Store in the Square Marketplace See MHS A website for more information

Need More Information? Contact us via email at info@md-hsa.org

Ad purchase forms will not be processed until all information and payment is received.



2014 Spring Conference May 5th – 8th
at the Sheraton Baltimore North Hotel in
Towson, MD

Sponsor Agreement

Sponsor Information

Company* _____ Website _____

Sponsor Contact Person* _____ Title _____ Phone _____

E-mail* _____ Fax _____

Street Address* _____

City* _____ State* _____ Zip* _____

*These answers are required.

Category/Event Sponsors (Automatically Platinum Level)

- | | |
|--|---------|
| <input type="checkbox"/> Networking Reception | \$4,000 |
| <input type="checkbox"/> Keynote Speaker | \$5,000 |
| <input type="checkbox"/> Family Child Care Providers Scholarship Program | \$5,000 |
| <input type="checkbox"/> Continental Breakfast | \$4,000 |

Leveled Sponsors

- | | |
|---|-------------------|
| <input type="checkbox"/> Bronze Sponsor | \$100 - \$499 |
| <input type="checkbox"/> Silver Sponsor | \$500 - \$999 |
| <input type="checkbox"/> Gold Sponsor | \$1,000 - \$2,999 |
| <input type="checkbox"/> Platinum Sponsor | \$3,000+ |

PAYMENT

Sponsorship Level _____

Sponsorship Agreement must be accompanied by check made payable to the **Maryland Head Start Association**. There will no refunds issued in the event of sponsor cancellation.

Send to: MHSA
c/o Owens Burton Consulting
P.O. Box 53
Middletown, DE 19709

All **Platinum Sponsors** are listed on the Conference Booklet Cover, receive a complimentary full page, B/W Ad in the Conference Booklet, will have their organization logo placed on the MHSA website for one year and will receive the benefits of a branding opportunity during the chosen sponsorship category event, if applicable.

Priority Deadlines: January 31st – Two Books For The Price Of One! Pay for Sponsorship by January 31st 2014 and receive all sponsorship benefits even earlier. Your ad will be placed in the Conference Registration Booklet AND the Conference Booklet. **March 28, 2014** -- To ensure Ad is placed in Conference Booklet. Ad material must be submitted electronically as a high-resolution PDF or jpeg only.

Sponsorship payments accepted by company check only

Check # _____ Amount: _____

Dates & Deadlines To Remember



www.md-hsa.org

Spring Conference Schedule of Deadlines

Monday, March 10, 2014

Deadline for Early Registration

Friday, March 28, 2014

Deadline for Vendors, Sponsorship and Ads to ensure inclusion in Conference Booklet

Monday, March 31, 2014

Deadline for Submission of Head Start Parent of the Year Awardees & Head Start Star Nominees

Monday, April 14, 2014

Deadline for Registration

Monday, April 28, 2014

Deadline for Late Registration

May 5-8, 2014

MHSA SPRING CONFERENCE